2025 Weekly Time Trial Reports (taken from Facebook)

UC868S Callow Hill Sporting Course - 2 April 2025

It was great to see so many turn out for the first evening time trial of the season. Andrew had sent Emily on in advance to sign him on but made it in good time and James Eccleston was the requisite several minutes after sign on but though the technology of WhatsApp we knew he was on the way. Paul was hugely frustrated to not be racing but a chest infection meant that he was followed Doctor's orders (and there was no way Jackie was going to let him race). Unlike many years it was a dry evening and relatively warm till we started. The wind had got up during the afternoon and it was quite blustery. The two time trial bikes led the way and Paul Freegard on the fixed probably had the highest cadence of the evening at 141 rpm. Callow Hill is a great climb for the first TT (although probably not on a fixed gear) of the year and the descent through Somerford requires concentration.

We wondered if the course record was under attack but a review of Strava uploads revealed that despite the brief that all turns were signed (big yellow rectangle with black arrow) and that Jamie had taken a short cut down Clay Street. Apparently he didn't even notice the left turn at the bottom of the hill when he rejoined the course, which is even scarier than the actual turn.

There was some discussion about the reopening of Lyneham Banks and once the course has been re-assessed an event will be slotted in. However, before that we have to cope with several weeks (or possibly months) of the road to Seagry being closed. This will inevitably mean course changes and possibly affect the club 25 and 50 mile TTs later in the year.

All club members are welcome to join us on Wednesday evenings. Last night was predominantly a road bike event, so come and give it a go. You don't have to wait for the 5 mile Come and Try It Event (25 June).

Afternote: Matt Chapple smashed the course record!

02-Apr-25	Callow Hill	UC868S	
Rank	**Competitor**	**Club**	**Time**
1	Matt Chapple	Chippenham Wheelers	00:28:21
2	Andrew Lockwood	Chippenham Wheelers	00:31:46
3	James Eccleston	Chippenham Wheelers	00:32:23
4	Peter Iffland	Chippenham Wheelers	00:32:29
5	Simon Cox	Chippenham Wheelers	00:33:06
6	Emily Lockwood	Chippenham Wheelers	00:34:51
7	Emma Angove	Chippenham Wheelers	00:37:58
8	Paul Freegard	Chippenham Wheelers	00:40:18
9	Jamie Richardson-Paige	Non Member	DQ - off course

Jack Nunn 10 Mile Time Trial - 9 April - UC861

What a fantastic turn out for the first Jack Nunn 10 mile time trial of the year. We had 16 riders, including a few we have not seen for a while. Having a sunny evening helped and dry roads with low traffic counts, despite Lyneham Banks being open, made for a great evening. We will not mention the headwind or the temperature drop as the sun got lower. Our thanks to Paul Freegard for answering the call to assist with timekeeping as 16 riders presents a challenge for

the start timekeeper to also be at the finish in time for the first rider finishing. If anyone fancies being an understudy to Sue we would be very grateful. Special mention to Robbie Richardson for multitasking as a dog walker and observer at the Somerford turn.

After the forecast roadworks finishing early we were able to use the standard course for the first event of the year. The resurfacing work near the finish is interesting as it is brand new tarmac with built in unevenness. It was nice however to see a few of the drain cover pot holes around the course had also been filled in.

Nick English and Matt Chapple both did well to do short 22s and Jamie Richardson-Paige was unlucky to be held behind 2 cars coming into Great Somerford, which I think stopped him getting under 23. Matt beat his last season handicap, although most riders were 30 secs to a minute plus slower than last year which does imply there was a weather effect. Matt's ride shows how he managed to break the course record last week on the Callow Hill Hilly. Peter Iffland once again beat Paul which makes the season score in the region of 5 -1 to Peter.

The club Strava invite prompted Piers Dibben to ride (and it has been a very long time since Piers raced the clock) and I will continue to put the time trials into the Strava club invites.

Updated to reflect membership errors in the results list.

	10 Mile Jack Nunn	09-Apr-25	UC861	
Rank	**Competitor(s)**	**Club**	**Time**	**Co**
1	Nick English	Non Member	00:22:21	
2	Matt Chapple	Chippenham Wheelers	00:22:24	
3	Jamie Richardson-Paige	Non Member	00:23:01	
4	David English	Chippenham Wheelers	00:25:22	
5	James Eccleston	Chippenham Wheelers	00:25:27	
6	Simon Cox	Chippenham Wheelers	00:26:03	
7	Peter Iffland	Chippenham Wheelers	00:26:07	
8	Andrew Lockwood	Chippenham Wheelers	00:26:26	
9	Will Howse	Chippenham Wheelers	00:26:32	
10	Mark Evans	Chippenham Wheelers	00:27:01	
11	Paul Winchcombe	Chippenham Wheelers	00:27:03	
12	Corinne Clark	Chippenham Wheelers	00:27:18	
13	Piers Dibben	Non Member	00:28:16	
14	Emily Lockwood	Chippenham Wheelers	00:28:19	
15	Emma Angove	Chippenham Wheelers	00:28:20	
16	Hannah English	Non Member	00:30:32	



Figure 1Poetry in Motion



Figure 2 Robbie on duty, thinking perhaps I will race



Figure 3 Sue before handing over results for examination

UC861 Jack Nunn 10 Mile Time Trial - 16 April

On a slightly cooler night than last week and a bit more blustery wind, we still had a good turn out for the second Jack Nunn of the season. Despite photos of closed roads the course was in fact open, so yet again a course change back to the intended course. It was a faster night with an average improvement of 55 seconds from last week, despite it being 3-4C colder than last week and a 2 mph stronger wind. For the weather app nerds MyWindsock reported last week's impact was 6.8% and this week's was only 3.3%. Paul W began his recovery, so although Peter I beat him again it was much closer. Matt C is in great form, setting a course Personal Best. It was great to see Paul F out on his fixed TT bike.

A reminder that 7 May is a 2-Up; Pick Your Own Buddy. All are welcome, including those that do not regularly time trial (as always). So why not find a buddy and come along, if you are billy no mates we will pair you with someone on the night. Afterwards we are going to the Wellesley Arms in Sutton Benger, so even if not racing why not come out to join us (probably about 7.30 p.m.).

	10 Mile Jack Nunn	16-Apr-25	UC861
Rank	**Competitor(s)**	**Club**	**Time**
1	Matt Chapple	Chippenham Wheelers	00:22:03
2	James Eccleston	Chippenham Wheelers	00:23:57
3	Simon Cox	Chippenham Wheelers	00:24:25
4	Lewis Revill	Non Member	00:24:41
5	Will Howse	Chippenham Wheelers	00:25:05
6	Andrew Lockwood	Chippenham Wheelers	00:25:20
7	Mike Griffin	Chippenham Wheelers	00:25:59
8	Peter Iffland	Chippenham Wheelers	00:25:59
9	Paul Winchcombe	Chippenham Wheelers	00:26:03
10	Paul Freegard	Chippenham Wheelers	00:27:14
11	Emily Lockwood	Chippenham Wheelers	00:27:39
12	Emma Angove	Chippenham Wheelers	00:27:51



Figure 4 Fierce competition, checking relative results



Figure 5 Rare picture of Paul Freegard racing

UC866 (aka "Q" Course) Jack Nunn 10 Mile Time Trial - 23 April 2025

After a day spent threatening rain, 15 riders turned out for the Jack Nunn 10 on the "Q" course. Despite the dark clouds in the distance it didn't rain but was pretty dark on the ride home.

Times seemed comparable with last week, despite being a different course. Matt Chapple broke the course record with a 22:07. Although the start felt busier with traffic at the start the actual traffic count was only slightly higher than last week, so perception is interesting. It was good to see some familiar faces returning to the start line this week and apparently we had 7 clubs represented on the line. Note the smiling faces on the start line, before starting the Type 2 fun (did you know there is a fun scale?).

Our thanks to Sue (as always), Paul Freegard for being assistant timekeeper (again) (at this rate I will qualify him for Assistant TK for the District) and Robbie who rode out and observed the right turn. He enjoyed a fast ride back from the finish to the cars! Finish Line Photography were once again out on the course **https://www.finishlinephotography.co.uk/.../index.html** and Paul F once again took some atmospheric photos at the finish.

	10 Mile Jack Nunn	23-Apr-25	UC866
Rank	**Competitor(s)**	**Club**	**Time**
1	Matt Chapple	Chippenham Wheelers	00:22:07
2	Nick English	Non Member	00:22:30
3	Jamie Richardson-Paige	Non Member	00:23:00
4	Simon Cox	Chippenham Wheelers	00:24:25
5	Andrew Lockwood	Chippenham Wheelers	00:25:00
6	Will Howse	Chippenham Wheelers	00:25:13
7	Simon Vannerley	Non Member	00:25:21
8	Corrine Clark	Chippenham Wheelers	00:25:37
9	Paul Winchcombe	Chippenham Wheelers	00:25:52
10	Peter Iffland	Chippenham Wheelers	00:25:57
11	Emily Lockwood	Chippenham Wheelers	00:27:43
12	Emma Angove	Chippenham Wheelers	00:28:30
13	David Hancock	Non Member	00:29:13
14	Izaak Hudson	Non Member	00:30:11
15	Hannah English	Non Member	00:30:45

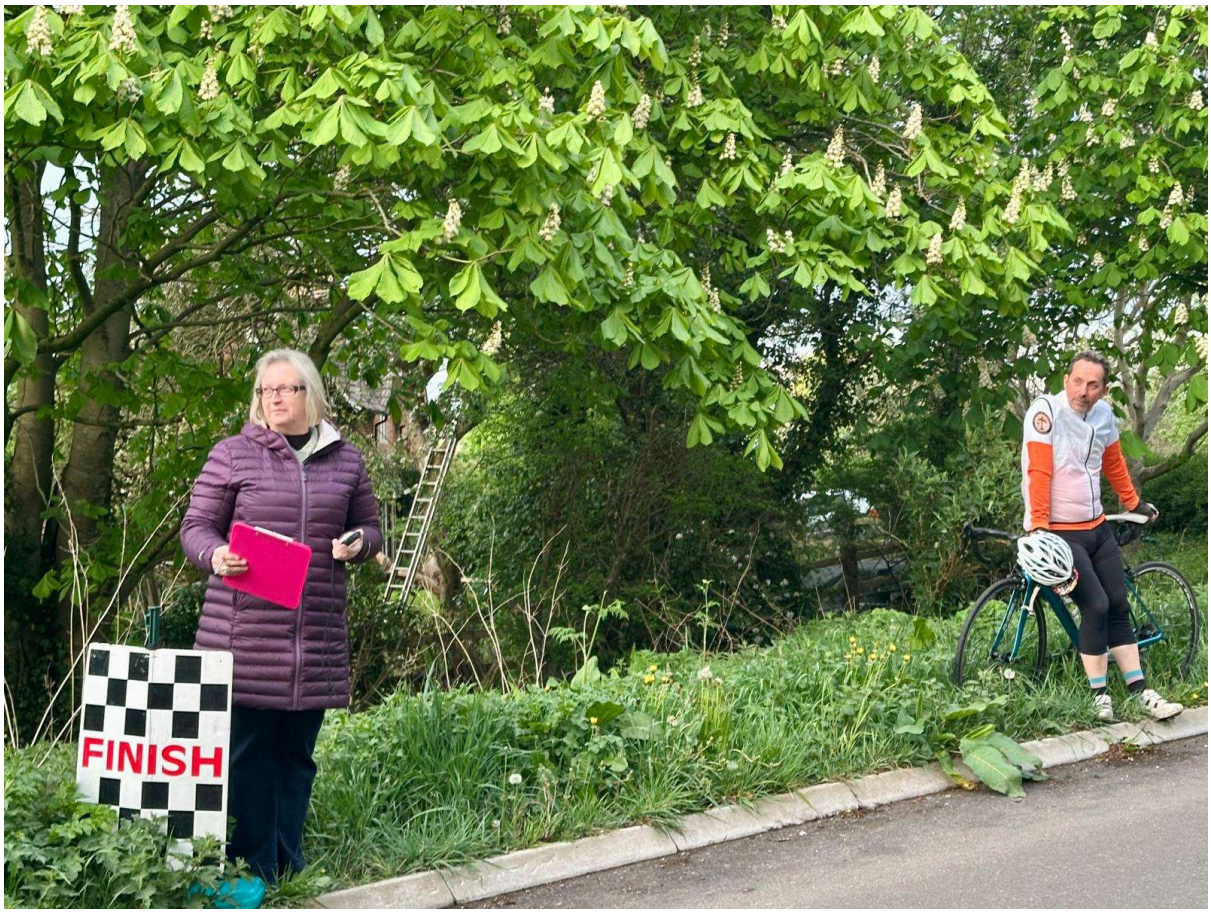


Figure 6 Sue wondering where they all are, Robbie has made it onto a bike



Figure 7 The buzz after 25 miles

UC866 "Q" Course Jack Nunn 10 Mile Time Trial - 30 April 2025

A lovely evening greeted those who could be bothered! The temperature had dropped to 24C and there was almost no wind. Despite this we had the smallest outing of the year when many produced their best times this year. This may have been in part to confusion over which course we were using as the various messages about "top dressing" of the roads had led the Race Secretary to believe the course was doomed, when in fact it was only 300 yards of the course; which had mostly bedded in (apparently the councils have a process for top dressing!).

However, this did lead to a new course being designed and we now have UC870 as an (almost) 10 mile course which I pre-rode last night. The biggest issue with this course (as expected) is the left turn back onto the B4069 for Sutton Benger from the M4 loop where queuing traffic to join the priority road is almost always going to cause a hold up to riders.
https://www.strava.com/activities/14334115518

Pre- race there were questions about how the Jack Nunn is scored and the questioner will be pleased to see that as results settle down they have now scored some points. Will Howse having now set a handicap has leapt to the top of the points table (see what happens Matt when you miss an event). Peter I was clearly not on form as Paul W, fresh from taking the 65+ age group record by a whole 3 seconds at the weekend for 30 miles, caught him on the line. Peter did observe that it was very unfair of Sue to give Paul a rabbit to chase; but you do have to get

within 20-30 seconds of the rider in front to see them (mind you the Scorpion rear light is a great target marker).

It was great to see Neil back from training in Mallorca and possibly slightly tired legs?

Remember next week is PYOB 2-Up, planned to be on UC861 so we finish closer to the pub for war stories afterwards.

	10 Mile Jack Nunn	30-Apr-25	UC866
Rank	**Competitor(s)**	**Club**	**Time**
1	Jamie Richardson-Paige	Non Member	00:23:21
2	Andrew Lockwood	Chippenham Wheelers	00:24:51
3	Paul Winchcobme	Chippenham Wheelers	00:25:36
4	Neil Lewis	Chippenham Wheelers	00:25:40
5	Will Howse	Chippenham Wheelers	00:26:33
6	Mark Evans	Chippenham Wheelers	00:26:36
7	Peter Iffland	Chippenham Wheelers	00:26:37



Figure 8 The line up

UC861 PYOB 2-Up - 7 May 2025

So after much advertising, including suggesting the leisure riders might like to pair up with a buddy, and offering a pub night as a social after event activity it would appear that many in the club just don't have "buddies". Having had some great turn outs recently last night was disappointing with only 3 pairs making the start line (and one of those was coerced into riding as a pair). Reasons from its my annual hair cut, my plane was late, I'm still at work to I'm packing for a holiday and my buddy is out of action left the 6 to ride a windy but warm 10 miles.

Andrew and Emily Lockwood risked marital disharmony by pairing up but were still talking at the end and in the pub. Neil Lewis and Paul Winchcombe had agreed not to hurt each other till it transpired that Neil just meant Paul was not to push him too hard as it was Neil's first ever 2 up. Mark Evans had wanted a solo ride but Will Howse had wanted a gentle 2 up as recovery (clearly has never suffered the red mist of pairs riding). Unfortunately Will was clearly under the weather and abandoned leaving Mark to ride the solo 10 miles he had wanted to.

It was a good night to ride a 2 Up with as the first 3 miles was entirely headwind and taking shelter you could really feel the difference.

Paul Freegard has now mastered the art of using a mobile phone to take moving pictures (apparently burst mode means that one of the pictures will have riders in the frame). Sue Andrews of course kept time for us and Robbie Richardson (with Harry) met us in the pub.

Although disappointing to have so few for what is meant to be a fun event before the Lottery 2 Up later in the year, those that were there enjoyed themselves.

PYOB / Random 2 Up	07-May-25	UC861	
Rider 1	**Rider 2**		**Time**
Paul Winchcombe	Neil Lewis		00:25:15
Andrew Lockwood	Emily Lockwood		00:25:32
Will Howse *	Mark Evans	* DNF	00:26:44



Figure 9

Apparently they were still talking at the end of the 2-Up



Figure 10 Pub night with old man on the phone

UC862 Club 25 Mile Time Trial - 14 May 2025

The first running of the club 25 mile time trial for 2025 saw a warm evening but a head wind running the length of the course from the NE. With a leg from Chippenham to Sutton Benger this was mentally more challenging. We had a first time rider, Nick Simmonds, who has recently joined the Wheelers and Simon Potter from Alton CC who is primarily a road racer having used the new CTT website functionality to give our course a go. Congratulations to Nick S who set a course PB and it assumed a personal best for 25 miles.

Times were all a bit slower than this time last year.

Phil once again was out taking pictures and these can be found at https://www.finishlinephotography.co.uk/.../index.html

14-May-25 UC862

Rank	Competitor(s)	Club	Time	Lap Time	Difference to 2024	
1	Matt Chapple	Chippenham Wheelers	00:57:04	00:31:41	00:00:38	
2	Simon Potter	Non Member	01:00:17	00:33:24	N/A	
3	Simon Cox	Chippenham Wheelers	01:04:46	00:35:58	00:02:31	
4	Paul Winchcombe	Chippenham Wheelers	01:06:29	00:36:53	00:00:08	
5	Neil Lewis	Chippenham Wheelers	01:06:36	00:37:02	00:01:43	
6	Peter Iffland	Chippenham Wheelers	01:07:28	00:37:16	00:01:07	2021
7	Nick Simmonds	Chippenham Wheelers	01:07:58	00:37:56	N/A	





UC867 aka "P" Course Jack Nunn Time Trial - 21 May 2025

On a day of heavy rainstorms and a cloud burst at about 5 p.m. many were thinking the event might not take place. However, the evening cleared and the roads were drying (but not dry going

by the state of my bike when I got home) and the stalwarts turned out as usual. Mike Griffin going the extra mile having driven back from a day out (for work) at Gravesend (a 300 mile round trip)!

Paul blamed his time on changing to a 55T in preparation for a 100 mile race and not the nearly 4 hour turbo session he recently completed (being nearly a minute slower than his 5 year average for the course). Others encountered the dreaded tractor trailer combination on the narrow Dauntsey Road lane which challenged bike handling skills. Phil was once again out taking photos.

A quick analysis of the results against the other Jack Nunn events for the year shows no correlation as to whether the course is quicker or slower than the other course, although on the surface of it the implication is that it is quicker but the results are skewed by some riders not having many races so the averages may not be statistically significant.

	10 Mile Jack Nunn	21-May-25	UC868
Rank	**Competitor(s)**	**Club**	**Time**
1	Matt Chapple	Chippenham Wheelers	00:22:42
2	Simon Cox	Chippenham Wheelers	00:24:27
3	Mike Griffin	Chippenham Wheelers	00:25:29
4	Peter Iffland	Chippenham Wheelers	00:25:36
5	Lewis Revill	Non Member	00:25:48
6	Paul Winchcombe	Chippenham Wheelers	00:26:25
7	David Hancock	Non Member	00:28:02

	Compared to 2025 Averages for Jack Nunn TTs	
	Faster	Slower
Peter Iffland	00:00:34	
Simon Cox	00:00:31	
Mike Griffin	00:00:30	
Paul Winchcombe		00:00:16
Matt Chapple		00:00:31


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UC867 "P" Course Jack Nunn 10 Mile Time Trial - 28 May 2025

It was a blowy evening for a time trial but the stalwarts were on the line. Those who decided to give Castle Combe a go were rewarded with airfield levels of wind and of course missed out on our banter. Emily and Andrew arrived after a 40 mile plus warm up and a meal to celebrate Andrew's birthday>

As they say in stocks and shares past performance is no indication of future performance. The results were comparatively up and down from last week on the same course in better conditions. Some held their own, others were well up and others well down - which is going to make handicapping next weeks Lottery 2 Up interesting (remember to tell Paul by Saturday 31 May if you intend to enter so he can do the draw and calculate handicaps).

Our photographer found a pretty place to take photos but also carefully set himself up at the top of the hill where we had all slowed, ready for that perfect shot; thank you Paul Freegard.

"P" Course	10 Mile Jack Nunn	28-May-25	UC867
Rank	**Competitor(s)**	**Club**	**Time**
1	Simon Cox	Chippenham Wheelers	00:24:36
2	Andrew Lockwood	Chippenham Wheelers	00:25:16
3	Mike Griffin	Chippenham Wheelers	00:25:39
4	Peter Iffland	Chippenham Wheelers	00:25:58
5	Paul Winchcombe	Chippenham Wheelers	00:26:04
6	Emily Lockwood	Chippenham Wheelers	00:28:05





UC861 Lottery 2 Up – 4 June 2025

The rain held off, although it was quite windy and the roads were dry. Only 2 teams were in the 2 Up competition as the third team members were both unable to make it for understandable reason. There was some questioning of the handicapping but given it was based on slowest riders times from the PYOB 2 Up the handicapper was quietly confident.

Andrew and Paul settled on one minute change overs which they largely stuck to and they had no issues with change over. There was almost disaster as with 0.8 miles to go (next to the Spitfire memorial) Andrew suffered and attack of cramp and there was some soft pedalling to the end. Paul resisted leaving him behind (just to see what the time might have been you understand). Mike, reportedly, wanted to just sit behind Simon to take shelter from the wind to make bike handling easier but it is understood he did see the front.

In the end Andrew and Paul won on handicap by 2 seconds; Simon and Mike won a handicap medal as the fastest team. (Sue insisted on the cheesy pose.)

Lottery 2 Up	04-Jun-25	UC861			
Rider 1	**Rider 2**	**Club**	**Time**	**Handicap Time**	**+/- vs Handicap**
Simon Cox	Mike Griffin	Chippenham Wheelers	00:25:00	00:25:00	00:00:00
Andrew Lockwood	Paul Winchcombe	Chippenham Wheelers	00:25:13	00:24:58	00:00:02
Mick Sharratt	Emily Lockwood		DNS		
Nick English		Non Member	00:22:19		
Matt Chapple		Chippenham Wheelers	00:23:13		
Lewis Revill		Non Member	00:25:05		
Hannah English		Non Member	00:29:50		



Figure 11 Sue insisted on this cheesy pose

UC862 Hinder & Gerald 25 Mile Time Trial - 11 June 2025

Clearly publishing people's expected handicap times encouraged a good turn out for the Hinder and Gerald 25 mile time trial. The forecast was for a very warm evening but in the end it settled at about 22C and initially what felt like a strong wind. It was nice to have a couple of non-member for the 25, one benefit of events being published on the CTT website. Handicapping as always gives interesting results and analysis will follow. We also had Matthew Swales, a new member to the club turn out, for his first club time trial and of course a Personal Best. There were some strong individual battles during the event which led to comments about drafting – Matt Chapple said there was a 3 up at one point going up the hill in Somerford and Simon Cox overtook on the bend at the top of the hill and despite calling out the two lines almost intercepted. Simon Vannerley overtook Paul a few times but local knowledge led to him being overhauled either on bends or long straights where Winchcombe's 60 rpm pulled him through. There were a couple of riders who couldn't make it, some reasons seemed perfectly valid but "my TT bike isn't out of hibernation" must take the biscuit.

There was a real buzz at the finish as a lovely evening and some good racing meant all were feeling good about the night despite a few reported cases of cramp. In Peter's case the 30 degree down angle of his saddle must have been challenging.

Matt Chapple produced an impressive time to win the Hinder Cup; while setting a new course record and Corinne Clark took the Ladies Gerald Trophy. Interestingly Simon Cox having pointed out that the recent 25 was a slow night which led to a recalculation of handicaps still managed to win the Handicap Medal (again) – I clearly should have used last year's times and not adjusted. (See analysis graphic or why do I bother?)

Next week is the Nixon and Edwards 50. Apparently some have already decided they have prior appointments and publishing a handicap time for them will still not persuade them to ride the event. As a reminded registration closes at 1815 hrs as it is a 15 minute ride to the start.

Position	Rider	Club	Actual Time	Handicap	Handicap Time	
1	Matt Chapple	Chippenham Wheelers	00:56:02	Scr	00:56:02	Winner Hinder Cup
2	Chris Newby	Non Member	01:00:13			
3	Simon Cox	Chippenham Wheelers	01:00:27	00:05:59	00:54:28	Winner Handicap Medal
4	Andrew Lockwood	Chippenham Wheelers	01:02:15	00:04:53	00:57:22	
5	Mike Griffin	Chippenham Wheelers	01:03:57	00:08:11	00:55:46	
6	Simon Vannerley	Non Member	01:04:04			
7	Corinne Clark	Chippenham Wheelers	01:04:13	00:05:31	00:58:42	Winner Gerald Cup
8	Paul Winchcombe	Chippenham Wheelers	01:04:36	00:07:45	00:56:51	
9	Matthew Swales	Chippenham Wheelers	01:06:43			PB
10	Peter Iffland	Chippenham Wheelers	01:06:49	00:10:24	00:56:25	
11	Emily Lockwood	Chippenham Wheelers	01:09:10	00:13:48	00:55:22	

		Better than Handicap (Over performed)	Worse than Handicap (Under performed)
Matt Chapple	00:56:02	00:01:02	
Simon Cox	01:00:27	00:04:04	
Andrew Lockwood	01:02:15		00:00:18
Mike Griffin	01:03:57	00:01:18	
Corinne Clark	01:04:13		00:01:38
Paul Winchcombe	01:04:36		00:00:14
Peter Iffland	01:06:49		00:00:39
Emily Lockwood	01:09:10		00:01:42
		Better than 2024	Worse than 2024
Matt Chapple	00:56:02	00:02:42	
Simon Cox	01:00:27		00:00:46
Corinne Clark	01:04:13		00:01:38
Paul Winchcombe	01:04:36		00:01:26
Peter Iffland	01:06:49		00:02:50
	2024 Times	Handicap using 2024	Handicap result
Matt Chapple	00:58:44	Scr	00:56:02
Simon Cox	00:59:41	00:00:57	00:59:30
Andrew Lockwood	01:01:57	00:03:13	00:59:02
Corinne Clark	01:02:35	00:03:51	01:00:22
Paul Winchcombe	01:03:10	00:04:26	01:00:10
Peter Iffland	01:03:59	00:05:15	01:01:34



18 June 2025 - UC864 Nixon and Edwards 50 Mile Time Trial

Well we know what they say about mad dogs and the Englishmen. So on the hottest day of the year so far and the longest Wednesday of the year 6 riders gathered for our annual sufferfest of 50 miles and 4 1/2 laps of the UC861 course, lovingly known as UC864. We had one rider from Wokingham CC who had found the event via the new CTT website. A couple of riders who had indicated they would ride couldn't make it. Mike had a mechanical on the way to the start which was clearly unfortunate and not at all suspect.

So with Garmin's reporting 27C we were all eager to get going to get some cooling airflow after the ride to the start.

We set off at 2 minute intervals to avoid bunching but this did not stop me being overtaken before the 10 mile point but this did at least mean my moments inattention and a less than graceful off was not witnessed. It was a tough night with Simon suffering cramps and withdrawing and Peter at the finish being totally out of sorts, to the extent he almost could not ride to the cars.

Matt did excellently breaking the 2 hour mark with a 1:58:24 and winning the Nixon Cup. David English was second with a 2:08:55 and winning the Edwards Cup on handicap with a handicap time of 1:56:49 (I do wish people would stop out performing their handicaps, although perhaps under 2 minutes difference over 50 miles isn't too bad).

The club 50 also counts towards the Time Trial Championship which will be updated later today and published.

Position	Rider	Club	Actual Time	Handicap	Handicap Time	
1	Matt Chapple	Chippenham Wheelers	01:58:24		01:58:24	Winner Nixon Cup
2	David English	Chippenham Wheelers	02:08:55	00:12:06	01:56:49	Winner Edwards Handicap Cup
3	Graham Couchman	Non Member	02:23:46			
4	Peter Iffland	Chippenham Wheelers	02:25:24	00:21:34	02:03:50	
5	Paul Winchcombe	Chippenham Wheelers	02:27:18	00:17:08	02:10:10	
	Simon Cox	Chippenham Wheelers	DNF			


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CHIPPENHAM
WHEELERS
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CATI (not) - So 10 Mile Time Trial UC861 - 25 June 2025

Tonight was meant to be the Come and Try It (CATI) event for those who wanted a taste of time trialing over a 5 mile short course. The plan being to run a parallel 10 mile event for the regulars, all finishing at the same point. While laying out the signage for the CATI course to stop people going the wrong way. I thought we had some takers as a group of club riders past me following the route of the course who in my wishful way I thought might be checking out the route. Sadly we had no takers for the CATI so I did at least get to ride my new tribars in a race. Matt Chapple was so keen for my signage not to be wasted that he suggested we rode the 10 and then did a repeat for the 5. However, we decided not to take him up on that offer.

My thanks to Paul Freegard who kindly took down the signs for me and then took photos. His timing with his camera is now excellent and he will be offering classes to RR (who is absent in France).

It felt like a reasonable night, dry, warm and not much wind and most produced season bests for the course. So well done. That meant of course that Paul's seasons best may not be down to his new tribars. However, analysis against the 2024 season implies that the new bars have returned him to 2024 times, thus recovering his loss of performance for this year. (This is with lower power numbers, but that is another story!)

It was great to see Matt Swales come back after the 25, having perhaps sensibly given the 50 a miss to produce a PB for 10 miles.

Next week is the Sheila Edwards Trophy 10 mile time trial and once again the mystery of handicapping is in progress.

	10 Mile Club Time Trial	25-Jun-25	UC861
Rank	**Competitor(s)**	**Club**	**Time**
1	Matt Chapple	Chippenham Wheelers	00:21:52
2	Simon Cox	Chippenham Wheelers	00:24:05
3	David English	Chippenham Wheelers	00:24:17
4	Andrew Lockwood	Chippenham Wheelers	00:24:32
5	Paul Winchcombe	Chippenham Wheelers	00:25:36
6	Peter Iffland	Chippenham Wheelers	00:25:51
7	Matt Swales	Chippenham Wheelers	00:25:55
8	Emily Lockwood	Chippenham Wheelers	00:27:19



UC861 Sheila Edwards and Jack Nunn 10 Mile Time Trial - 2 July 2025

On a lovely summers evening we arrived at Queen's Field to find the harvest being taken in and a small parking challenge as the tractor/trailer combination needed a lot of space to manage the turn into the barn. Thankfully most riders came on their bikes as part of their warm up for the Sheila Edwards Cup 10 mile time trial.

It was a good turn out despite some no shows due to work and bike issues. Others had bike issues but raced on road bikes which of course made the handicapping a bit out. It was great to see Neil fresh off his follow the sun epic but again he choose a road bike and with tired legs he had a solid ride. Jamie was supported by Robbie and Nikki who kindly took photos and was using the 10 as a warm up for a 12 hour at the weekend (good luck with that).

Despite being on a road bike Matt Chapple once again won the Sheila Edwards Cup and was presented with his (almost annual) bottle of wine by Sue at the end. Paul Winchcombe won the handicap medal by 9 seconds from Mark Evans and overall the top 4 on handicap were only separated by 21 seconds. It was a noticeably slower week this week than last week with most people underperforming by 30 seconds or more (not counting those who choose road bikes) which of course presents the handicapper with a small challenge.

We also had Hadrian Sanchez (not yet a club member) join us having been persuaded by the racing secretary at the weekend club run to come and give it go. We look forward to him joining the club.

Congratulations again to Matt on his well deserved victory.

	2025 Sheila Edwards	Course UC861	02-Jul-25			
	Riders	Club	Time	Handicap Allowance	Handicap Time	Comment
1	Jamie Richardson-Paige	Non Member	00:23:00			
2	Matt Chapple	Chippenham Wheelers	00:23:16	Scratch	00:23:16	Winner Sheila Edwards Cup
3	Lewis Revill	Chippenham Wheelers	00:24:42			
4	Andrew Lockwood	Chippenham Wheelers	00:25:07	00:02:57	00:22:10	
5	Paul Winchcombe	Chippenham Wheelers	00:25:46	00:03:50	00:21:56	Winner Handicap Medal
6	David English	Chippenham Wheelers	00:25:52	00:02:11	00:23:41	
7	Hadrian Sanchez	Non Member	00:26:35			
8	Peter Iffland	Chippenham Wheelers	00:26:45	00:03:53	00:22:52	
9	Mark Evans	Chippenham Wheelers	00:26:47	00:04:42	00:22:05	
10	Neil Lewis	Chippenham Wheelers	00:27:14	00:03:34	00:23:40	
11	Emily Lockwood	Chippenham Wheelers	00:27:52	00:05:35	00:22:17	


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UC861 Jack Nunn 10 Mile Time Trial - 9 July 2025

It was a warm and oppressive evening as the UK is forecast to move into heatwave territory. However, the story of the night was the return of one of our photographers to time trialing. Despite denials he was on a bike, he was wearing lycra, he had a number pinned on and he was given a time so he was definitely racing. Welcome back Robbie (first evening Jack Nunn since 2021) and the evidence is in the picture. Emma Angove also returned having overcome a footballing injury (when will people learn that multi disciplinary sports activities detract from your cycling). Her return puts her into competition with Emily for the Women's Jack Nunn Trophy.

We sometimes wonder what our time keeper does waiting for us to reach the finish and am just grateful that we did not meet this lot on the lanes!

As to the results Matt Chapple took first place on an evening where everyone was faster than last week (in part due to return to TT bikes for Matt and David). Hadrian having learnt the course was 1:15 faster than last week. Peter suffered in the heat and still had the weekend 50 in his legs but managed a 10 second improvement. And drum roll - Robbie finished.

Have also updated Jack Nunn handicap series. Some minor movement at the top of the table and a new name appears on the run list.

	10 Mile Club Time Trial	09-Jul-25	UC861
Rank	**Competitor(s)**	**Club**	**Time**
1	Matt Chapple	Chippenham Wheelers	00:21:48
2	Alex Wallace	Non Member	00:22:47
3	Lewis Revill	Non Member	00:24:12
4	Andrew Lockwood	Chippenham Wheelers	00:24:30
5	David English	Chippenham Wheelers	00:24:34
6	Hadrian Sanchez	Non Member	00:25:20
7	Paul Winchcombe	Chippenham Wheelers	00:25:32
8	Simon Cox	Chippenham Wheelers	00:25:38
9	Peter Iffland	Chippenham Wheelers	00:26:35
10	Emma Angove	Chippenham Wheelers	00:27:08
11	Robbie Richardson	Chippenham Wheelers	00:30:38



Figure 12 Robbie signing on before wondering what he was doing

UC865S - Malmesbury Sporting Course - 16 July 2025

On another warm and dry evening it was time to return to the sporting courses as a break from the club 10s (although UC865 is oddly enough a 10 mile course). Matt Chapple had another great evening taking the course record, although he nearly didn't as he overtook Paul Winchcombe while Paul was struggling with a severe mechanical causing a bit of erratic cycling. (Well dodge Matt.)

As you all know Paul's bike can hardly be called "underlit" but in Great Somerford at the cross roads by the Volunteer / Village Shop a small white car decided to turn up the hill as if front lights granted riders invisibility (so take care out there, they drive amongst us). In Little Somerford Lewis Revill and Paul both met a very large tractor trailer combination at the bottom of The Hill by the pub. Lewis got through by riding the edge of the road and Paul very nearly regretted his decision to ride the gap as it narrowed significantly once he had reached the trailer (fortunately no harm done).

BTW Paul's mechanical was caused by using the small ring which he never normally uses and the derailleur had dropped. Note to self always carry out bike maintenance if you have heard a rattle as he had noticed something sounded odd during the National 100.

16-Jul-25	Somerford - Seagry	UC865S	
Rank	**Competitor**	**Club**	**Time**
1	Matt Chapple	Chippenham Wheelers	00:22:30
2	Lewis Revill	Non Member	00:25:15
3	Simon Cox	Chippenham Wheelers	00:26:26
4	Andrew Lockwood	Chippenham Wheelers	00:26:28
5	Mark Evans	Chippenham Wheelers	00:28:23
6	Emily Lockwood	Chippenham Wheelers	00:28:50
7	Emma Angove	Chippenham Wheelers	00:30:52
8	Paul Winchcombe	Chippenham Wheelers	DNF

UC863S Lyneham Banks - 23 July 2025

The wonky road is no more.

After a 4 year break we returned to Lyneham Banks for a sporting course. It is a simple out and back (turn at the Lyneham roundabout) with a cheeky little climb and of course a flying descent. With the rebuilt road and removal of the historic adverse camber on the bends, oh and the tree cover which protected from the wind it was going to be interesting to see how riders performed. There was a degree of excitement about racing an old favourite that meant we no longer had to be on Callow Hill course with its rubbish road surface. Some had never raced it.

Strava shows that Jamie R-P made it into the top 10, which appears to be largely down to a monster effort on the climb. Historic analysis shows that Jamie Currie still holds the fastest descent and Paul Winchcombe (clearly feeling brave in 2015) was faster on the descent than last night's team.

Paul had to stand in as time keeper last night as unfortunately Sue had a family matter to attend to and we all hope that her Dad is alright. A reminder to riders (non club) you need to shout out

your rider number as you pass the finish or else you may get the wrong time! Sue may recognise who you are but 2 riders in the same kit was not obvious when trying to look at the watch as you pass the line.

23-Jul-25	Lyneham Banks	UC863S	
Rank	**Competitor**	**Club**	**Time**
1	Jamie Richardson-Paige	Non Member	00:24:56
2	Lewis Revill	Non Member	00:26:06
3	Andrew Lockwood	Chippenham Wheelers	00:26:10
4	Simon Cox	Chippenham Wheelers	00:26:25
5	Mark Evans	Chippenham Wheelers	00:28:54
6	Peter Iffland	Chippenham Wheelers	00:29:20
7	Emma Angove	Chippenham Wheelers	00:30:00





UC869 Jack Nunn 10 Mile Time Trial - 30 July 2025

Back in the day when Wiltshire Council and Highways were digging up the B4069 and the Seagry Road, following a chance meeting with the Ann Sturgis of Dauntsey Park, a new course was designed which used bits of 3 of courses. It was called UC869 but was never actually used as the roadworks were lifted. OK, that's the history. For 2025 the observant will have noted that we have been alternating courses for added variety, spending 2 weeks using a course and then moving or doing 2 weeks of sporting courses. So UC869 fitted the variety option and after a reconnaissance to fix the exact start and finish points, the course has been christened.

The earlier start time as we move into darker evenings caught some out, although all managed to navigate What3Words to find the meeting place. (There will apparently be a father / son conversations about "cheek" at a later date.)

At one point Robbie was hoping for a great points score as we only had 3 riders but 4 more arrived in the closing 5 minute gap, so in the end we had 7 riders. That said Robbie was heard to say if he got under 30 minutes his time trial bike would be coming out! There was some discussion about the course as it includes 2 small (very small) climbs which had to be done twice so it was felt that it might not be a fast course. This was proven not to be the case as times were very similar to UC861 despite it being quite a windy night. Everyone managed to navigate the course despite the map on the club website having fallen victim to RideWithGPS automapping (will be corrected later).

Unfortunately there are no photos as when the timekeeper had made it to the finish and was getting ready Emma arrived abandoning the race having smacked a pothole and properly cracked her carbon deep section front wheel (somehow without puncturing). Congratulations to Matt for setting a course record (think it was the only reason he came out to ride).

	10 Mile Club Time Trial	30-Jul-25	UC869
Rank	**Competitor(s)**	**Club**	**Time**
1	Matt Chapple	Chippenham Wheelers	00:22:18
2	Simon Cox	Chippenham Wheelers	00:24:20
3	James Eccleston	Chippenham Wheelers	00:24:26
4	Mark Evans	Chippenham Wheelers	00:26:26
5	Emily Lockwood	Chippenham Wheelers	00:27:20
6	Robbie Richardson	Chippenham Wheelers	00:29:48
7	Emma Angove	Chippenham Wheelers	DNF

UC869 Jack Nunn 10 Mile Time Trial - 6 August 2025

So it was back to the Idover Lane lap course as part of the 2 week rotating course experiment. We seemed to run a little late this week and the 3 mile ride to the start meant first rider off was at 1845 hrs. Warm ups had reported tractors but fortunately none were encountered during the race and last week's geese did not make a reappearance. David English stood in as time keeper (for which many thanks) which gave Paul a chance to race.

The results were an example of having on form and off form days. Last weekend Paul beat Peter by over minute in their ongoing battle but last night Peter beat Paul by 4 seconds - makes no sense. Matt Chapple beat Nick English and his own course record by 8 seconds.

In the Jack Nunn series Simon scored another solid 10 points to consolidate his position at the top of the table. With 2 more events to go he looks pretty unassailable. Robbie now understands how the system works and is rumoured to be considering riding the remaining 2 events on his road bike before returning next year on his TT bike. Since the handicapping makes no allowance for this and the rules don't specify bike types this is a perfectly legitimate plan, even if ungentlemanly. (But he does first have to set a valid handicap which does mean racing the final 2 Jack Nunn events.)

A reminder next week is Medium Gear and Steel Is Real - where Paul gets to ruin his Strava matched rides function by taking 32+ minutes for a 10. Paul Freegard you are expected!

	10 Mile Club Time Trial	06-Aug-25	UC869
Rank	**Competitor(s)**	**Club**	**Time**
1	Matt Chapple	Chippenham Wheelers	00:22:10
2	Nick English	Non Member	00:22:47
3	Simon Cox	Chippenham Wheelers	00:24:05
4	Peter Iffland	Chippenham Wheelers	00:26:06
5	Paul Winchcombe	Chippenham Wheelers	00:26:10
6	Mark Evans	Chippenham Wheelers	00:26:25
7	Robbie Richardson	Chippenham Wheelers	00:29:40
8	Gia English	Non Member	00:34:54

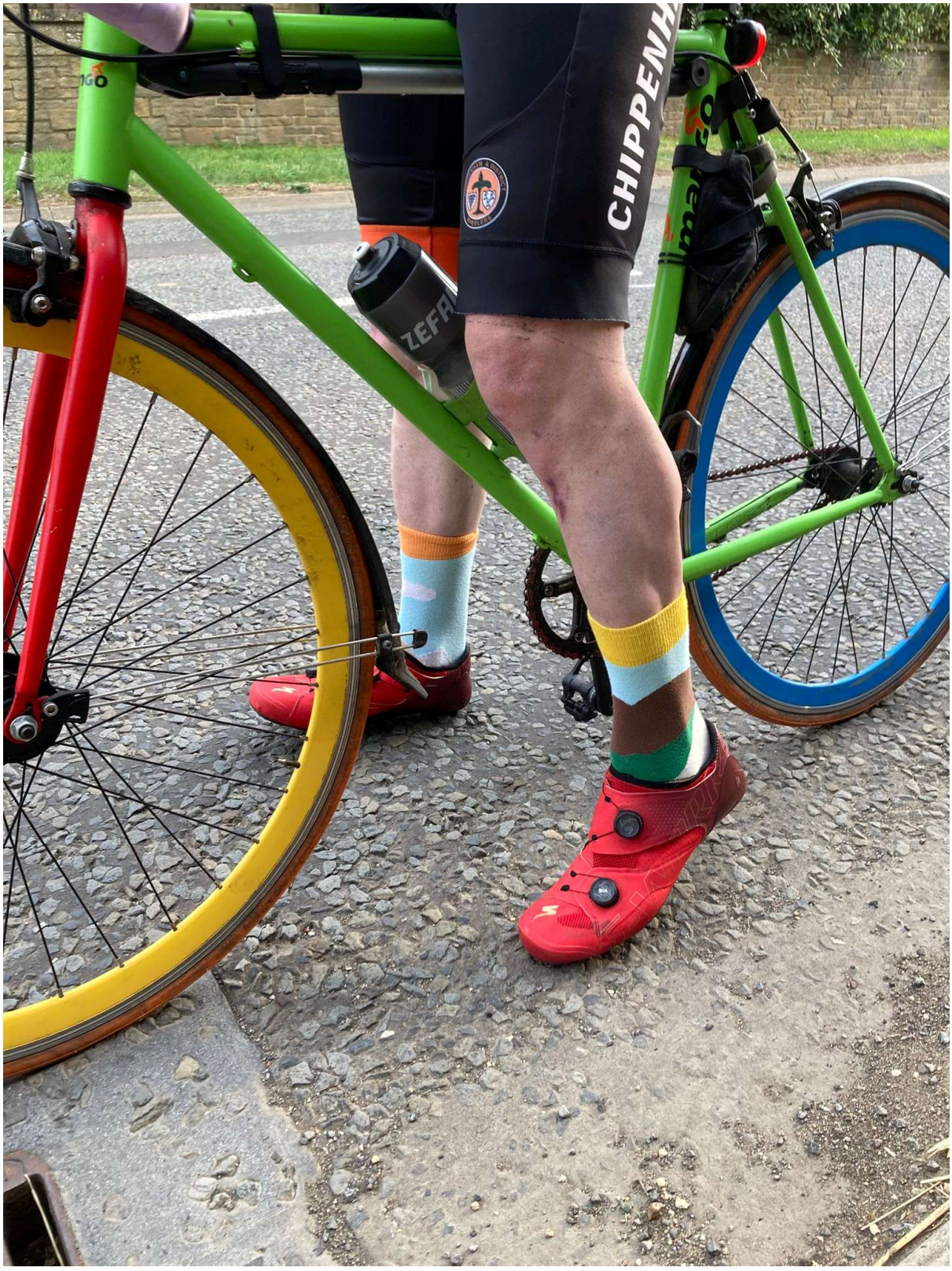
UC861 Medium Gear / Steel Is Real 10 Mile Time Trial - 13 August

The annual running of the Medium Gear (72") and Steel Is Real took place on UC861. Paul rode his colourful Mango monster, Simon removed the batteries from his electronic gears to lock out the gears and David decided a flat handlebar with tribars on a steel frame (but not medium gear) was his bicycle of choice. Everyone else rode conventional bicycles (road or time trial). Simon discovered his method probably gave him 18ft of travel for one revolution (rather than 18ft 10.1/4 inches) so was well within the measured distance. Paul was predictably overtaken by all those who started after him and most seemed to notice no difference in his cadence but rest assured at an average of 86rpm it was 25% higher than normal. Not that this made any difference as Paul finished in pretty much the same time as last year.

Overall Simon won the Medium Gear event and David the Steel Is Real. Paul tried to claim victory on the basis his bike was the only one that fulfilled both criteria; Sue very correctly told him that he couldn't do that.

13-Aug-25	UC861 Medium Gear (MG) and Steel Is Real			
Rank	**Competitor(s)**	**Club**	**Time**	**Comment**
1	Nick English	Non Member	00:22:06	
2	James Eccleston	Chippenham Wheelers	00:23:56	
3	Lewis Revill	Non Member	00:24:09	
4	Andrew Lockwood	Chippenham Wheelers	00:24:37	
5	David English	Chippenham Wheelers	00:26:36	Winner Steel is Real
6	Mark Evans	Chippenham Wheelers	00:26:51	
7	Simon Cox	Chippenham Wheelers	00:26:58	Winner Medium Gear
8	Emily Lockwood	Chippenham Wheelers	00:27:14	
9	Paul Winchcombe	Chippenham Wheelers	00:32:27	Only MG/Steel rider


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UC861 Jack Nunn 10 Mile Time Trial - 20 Aug 2025

Blessed are the righteous. After a cool, cloudy and breezy day the sun came out as if on order as we gathered for the second to last Jack Nunn time trial of the season. Sadly the wind did not drop. However, this did not seem to affect the times to badly as most people rode close to their season average and generally better than the average. There were a few tractor trailer combinations out on the road causing the need to breathe in and it is amazing how you always seem to look away when the road is clear and are suddenly aware of an oncoming vehicle. Matt Chapple took honours with another great ride and Paul Winchcombe bought up the rear having punctured a mile from the end. He was experimenting with lower tyre pressures as everyone tells him that is better, trouble is pot holes cause snake bike punctures and keeping over to allow a car to pass meant he hit the pot hole he knows is there! (Technical note: when fitting a valve extender do not leave the valve collar in place, it won't fit through the wheel valve hole.) Sue kindly agreed that he had not finished the race as he rolled up to the line at over 39 minutes and refused to cross it! His thanks to Andrew Lockwood who rode back to check that he was on his way.

Next week is the last Jack Nunn of the season, so lets have a good turn out. Photographs show Sue checking that we all had rear lights or was it our starting techniques!?

		20-Aug-25	UC861	
Rank	**Competitor(s)**	**Club**	**Time**	**Comment**
1	Matt Chapple	Chippenham Wheelers	00:21:58	
2	Nick English	Non Member	00:22:02	
3	James Eccleston	Chippenham Wheelers	00:24:07	
4	Andrew Lockwood	Chippenham Wheelers	00:24:42	
5	Emily Lockwood	Chippenham Wheelers	00:26:59	
6	Mark Evans	Chippenham Wheelers	00:27:08	
7	Hannah English	Non Member	00:31:59	
8	Paul Winchcombe	Chippenham Wheelers		DNF(P)

UC861 Jack Nunn Time Trial - 27 August 2025

So we saw a great turn out for the last club evening Jack Nunn time trial of the year. 14 riders turned out (well technically 15 but it is hard to race a bike with no pedals!) for a dry evening as per the forecast!

Robbie raced a two up with his niece, Ellen. We think he led the way as he kept the course secret from her. Nick bought both daughters along this week.

Times were pretty close to average although having said that Peter managed second fastest of the season (by 2 seconds), Neil his fastest (again by 2 seconds), James his best (by 2 seconds) and Andrew his best (by 11 seconds [breaking the sequence]).

Jack Nunn results (subject to validation):

Simon Cox Winner of Jack Nunn Handicap Points

Matt Chapple Men's Winner

Emily Lockwood Women's Winner

Paul Winchcombe Veteran's Winner (note rule change to AAT for 2025) (See results table)

Simon Cox Most Improved +32 seconds

Note: After a correct challenge Veteran's results updated but winner not changed, gap now only 2 seconds

		27-Aug-25	UC861
Rank	**Competitor(s)**	**Club**	**Time**
1	Nick English	Non Member	00:22:06
2	Jamie Richardson-Paige	Non Member	00:22:30
3	James Eccleston	Chippenham Wheelers	00:23:59
4	Simon Cox	Chippenham Wheelers	00:24:14
5	Andrew Lockwood	Chippenham Wheelers	00:24:19
6	Lewis Revill	Non Member	00:24:32
7	Peter Iffland	Chippenham Wheelers	00:25:38
8	Neil Lewis	Chippenham Wheelers	00:25:38
9	Paul Winchcombe	Chippenham Wheelers	00:26:07
10	Mark Evans	Chippenham Wheelers	00:27:02
11	Hannah English	Chippenham Wheelers	00:29:00
12	Ellen Carter & Robbie Richardson	Chippenham Wheelers	00:31:57
13	Gia English	Non Member	00:34:38





3 September - UC865S Somerford Seagry Sporting Time Trial

So despite the weather finally changing and rain now being the normal state of affairs we had a dry evening for the last time trial of the season. Nice to see Nick returning and when asked if he knew the course said "Yes" very confidently. He did indeed know the turns and direction but his face was a picture when the description said and then of the course the final 2 hills. Despite that he happy and smiling at the end.

Remember next week is the Hill Climb up Bowden Hill and we are meeting at The Red Lion Pub afterwards.

	03-Sep-25	Somerford - Seagry	UC865S
Rank	**Competitor**	**Club**	**Time**
1	Nick English	Non Member	00:23:40
2	Andrew Lockwood	Chippenham Wheelers	00:25:24
3	Simon Cox	Chippenham Wheelers	00:25:42
4	Nick Simmons	Chippenham Wheelers	00:27:05
5	Hannah English	Non Member	00:35:14

Bowden Hill Roberts Tankard Hill Climb - 10 Sep 25

The final club evening time trial was blessed with a gap in the rain for the 3 stalwarts who made the start line. Sadly I suspect the day of on/off downpours had put many people off. Paul waiting in the car park was facing the prospect of winning by default when Simon turned up and then fashionably late Emily arrived, so we had a race (she had told us she was going to be late). Peter Iffland was on hand to do his first stint as a Time Keeper and Richard Buckley responded to the various social media calls for support (and the pub) and found him self holding riders up at the start.

The riders set off up a very wet hill but the rain had at least had stopped. Due to the clouds the top section through the trees was very dark.

So after years of domination Andrew Lockwood was knocked off the podium (well he wasn't there) but no fear the Lockwood name continues on the trophy as Emily bested Simon by 5.05 seconds.

In the car park afterwards Sue was presented with flowers and wine by the very grateful time trial representatives. Her commitment to the club time trials is second to none and without her we would not have a season. So thank you Sue.

For those that came for the pub a rare event was witnessed as Paul opened his wallet and the moths were given out outing. A good chat ensued in the tent outside the Red Lion as it was their quiz night. Discussions of the merits of various courses, power numbers and whether Paul fixes events in his favour were all topics of discussion (BTW of course he doesn't).

Full club awards will follow once the open season has completed.

Many thanks to all those whom have helped during the season to make the time trials work.

10-Sep-25	UH80 Bowden	Roberts Tankard Trophy		
Rank	**Competitor(s)**	**Club**	**Time**	
1	Emily Lockwood	Chippenham Wheeler	06:22.60	Winner Roberts Tankard
2	Simon Cox	Chippenham Wheeler	06:27.65	
3	Paul Winchcombe	Chippenham Wheeler	08:22.72	

