

Chippenham and District Wheelers – Time Trial and Audax Report 2019

This is my 8th time trial report for the club and last year I suggested that it may be time for some new blood to take up the task. Whilst I can continue to keep the administrative side of life ticking over I seriously believe that we do need some new ideas and commitment to keep time trialling going effectively in the club.

Those that follow the various forums may have seen the discussion going on within the time trialling community as to whether the numbers across the country are declining or not – and the jury is still out on that. There is much commentary about the increase in the levy and what clubs and riders receive for that but to put it into perspective the £10 - £15 entry fee for an Open Event compares well with many other sporting activities. (Some rugby clubs expect an annual membership fee of £250 and a match fee of £10! Admittedly local clubs appear to be about £120 plus match fees.)

Again we ran the club series of evening time trials which were well supported and largely without incident. My thanks to all those who helped and especially to Sue Andrews and Mike Edwards for turning out, week in week out, rain or shine to time keep and marshal.

The Club Open Events had a good turn out this year or at least enough to make them viable and my thanks to Paul Freegard and Nick Ferris for running their events. In addition thanks to Andy Cook for agreeing to run the 3 Up in 2020 after we had to cancel this year's due to the road works on the course (we would have found a suitable HQ but the roadworks trumped that problem). We have volunteers for the 2020 events so once again the Club is supporting West DC by running 5 events.

We trialled the use of an online booking system for helpers for the evening time trials but after the initial enthusiasm for it people stopped using it, so it will not be continued. Riders are reminded that they must marshal for at least one event to qualify for any club evening trophies.

The riders and the club committee thank all who officiate at the open and evening events and the family members and riders who marshal at the various points on the course where this is needed. Without marshals we cannot race and although we have usually managed to be alright on the night, all riders should look to their conscience and marshal at least one event if not more.

As we said last year we were looking to bring on new timekeepers and several people had a go at start time keeping. Sue's face was a picture as she realised that the Racing Secretary have never thought about the mechanics of watch synchronisation pre race – after all I just ride. As we used an alternate course for most of the season where the start and finish were within 100 yds of each other we often only needed one time keeper which did help but riders do prefer the usual Sutton Benger course so the alternate will only be used when absolutely necessary.

The Club Kilo was inevitably won by Simon Kay as the first event of the year and despite the intention to move it to late Summer we didn't quite manage that. So next year's (or is that this year's) will probably be held on 1 January 2020.

The "medium" gear event which is usually our first time trial of the season was not run this year (I can't remember why) and although an event was held on the Tandem event date there were no Tandem entries.

Although Lauren Booth is second claim to the club racing normally for PDQ we should record her achievements in the INAS Global Games in Brisbane this year. Attending this international event is self funded and the club and many members gave sponsorship to help Lauren attend which I know she is very grateful. She gave of her best in an event described as “1,000 athletes from 47 countries competing across 10 sports, making for one action-packed week.” by the organisers. Their website does not appear to give full results but suffice to say Lauren won Gold in team time trial, solo time trial, road race and indoor track events. Well done Lauren, we look forward to seeing you on the start line next year.

In 2019 we had 181 entries in the club evening events (versus 220 in 2018, versus 345 in 2017, versus 380 in 2016) and the Jack Nunn drew 112 entries (compared with 130 in 2018, 195 in 2017, 150 in 2016) with 31 club members riding across the 12 events (compared with 29 in 2018, 43 in 2017, 31 in 2016). It remains unclear as to why rider numbers continue to fall even though there is a clear hardcore of participants. I know a number of riders have had their TT bikes up for sale, so assume that we will not be seeing them back anytime soon, but have not quizzed them as to why. However, Andrew Summers set his sights on the Jack Nunn trophy and aced it with a significant improvement over last year.

Jack Nunn Results

Average of best 6 times			
1	Simon Cox	00:23:39	Fastest Man
2	Paul Winchcombe	00:24:49	
3	Mike Gibbons	00:25:12	
4	Paul Grabowski	00:25:28	
5	Andrew Summers	00:25:41	
6	Martin Priestley	00:26:19	
7	Shaun Andrews	00:28:01	

Jack Nunn Points Results Table

Position	Name	Ride Points	Rides Entered	Total
1	Andrew Summers	60	8	68
2	Simon Cox	49	8	57
3	Paul Winchcombe	46	7	53
4	Martin Priestley	47	6	53
5	Mike Gibbons	45	6	51
6	Paul Grabowski	32	5	37
7	Shaun Andrews	30	4	34
8	James Currie	26	3	29
9	Ian Potts	21	3	24
10	Mark Evans	13	2	15
11	John Eames	11	2	13
12	Tony Weare	10	2	12
13	Robbie Richardson	8	2	10
14	Piers Dibben	7	1	8
15	Paul Freegard	5	1	6
16	Andy Cook	5	1	6

Although there is not a prize for fastest single ride on a Jack Nunn event for the record the best individual times are below:

1	Simon Cox	00:23:14
2	James Pugh	00:24:02
3	Jamie Richardson-Paige	00:24:10
4	Tony Weare	00:24:10
5	Paul Winchcombe	00:24:22
6	Andy Cook	00:24:31
7	Simon Kay	00:24:34
8	Andrew Lockwood	00:24:44
9	Mike Gibbons	00:24:48
10	Paul Grabowski	00:25:04
11	Andrew Summers	00:25:27
12	Robbie Richardson	00:25:31
13	James Currie	00:25:31
14	Ian Potts	00:25:41
15	Neil Lewis	00:25:44
16	Chris Maxwell	00:25:48
17	Mark Evans	00:26:01
18	Piers Dibben	00:26:02
19	Martin Priestley	00:26:11
20	James Eccleston	00:26:27
21	Lynsey Carpenter	00:26:32
22	Shaun Andrews	00:27:37
23	John Eames	00:27:49
24	Nick Ferris	00:28:15
25	Phillipa Battye	00:28:34
26	Paul Freegard	00:29:14
27	Susan Jeffery	00:29:27
28	Sue Crane	00:29:29
29	Laura Richards	00:29:32
30	Simon Bateman	00:32:02
31	Kimberley Andrews	00:37:05

The Club BAR again came down to a contest between Simon Cox and Paul Winchcombe with honours going to Simon Cox in the BAR and Paul Winchcombe in the VBAR – so honour satisfied.

Paul Winchcombe - Aged 59/60

Distance	2019 std	Vets speed on std mph	Age at event	Time	Plus on std	Avg speed
	HH:MM:SS.0	(B13/C13)/24				
25	01:09:59	21.43	59	00:56:12	00:13:47.0	26.69
50	02:23:57	20.84	60	02:02:39	00:21:18.0	24.46
100	05:02:23	19.84	59	04:26:35	00:35:48.0	22.51
	Avg speed	20.71		plus	01:10:53.0	24.55
					plus	3.85

Simon Cox - Aged 48

Distance	2019 std	Vets speed on std mph	Age at event	Time	Plus on std	Avg speed
	HH:MM:SS.0	(B13/C13)/24				
25	01:07:40	22.17	48	00:55:23	00:12:17.0	27.08
50	02:18:38	21.64	48	02:05:32	00:13:06.0	23.90
100	04:51:12	20.60	48	04:07:34	00:43:38.0	24.24
	Avg speed	21.47		plus	01:09:01.0	25.07

3.60

BAR

vets BAR

Club Trophies for 2019:

The full list of Trophy winners will be published on the club website but major trophies were won as follows:

Senior BAR – Simon Cox
Veterans BAR – Paul Winchcombe
Jack Nunn Club Evening 10 Mile Champion (Handicap on points) – Andrew Summers
Jack Nunn 1st Veteran – Simon Cox
Sheila Edwards 10 – Mark Evans
The Time Trial Championship (Open Events) – Simon Cox
Nixon Cup 50 – Simon Cox
Mike Edwards Cup 50 (Handicap) – Mark Evans
Hinder Cup 25 – Simon Cox
Ted Barlow Cup (WTTA Hardriders) – Paul Winchcombe
Jackman Cup 100 – Paul Winchcombe
Gary Woodward Shield – Robbie Richardson
Roberts Tankard Hill Climb – Jamie Richardson-Paige
The Kilo – Simon Kay
2 Up Time Trial Trophy – Lauren Booth and Ian Potts

Open Time Trial Events

The Club ran several Open Events again this year which were well supported both by riders and helpers. The opening event for the WTTA Hardriders on U601 run by Paul Freegard was its usual example of meticulousness and not postponed due to bad weather this year. The U41 Spine Road course for the Open 10 was a blustery day, once again stopping it being as fast as it's designer thinks it could be and this year the start was in the right place making it a proper 10 miles! In mid summer we returned to the favoured U86 loop to run an Open 25. We had one incident where a van overtook a rider at 30 mph and then immediately turned left in front of him – the immortal words “sorry mate didn't realise how fast you were going” probably nearly resulted in an assault as the rider was OK (well gravel rash, bruising and soreness a week before a national event) but his bike was not. Nick Ferris laid on a dry day for his final running of the Hill Climb and your Racing Secretary kept his last place record running. Thank you to Nick for your many years of running this event and our thanks to Ian Potts to volunteering to take it on (he volunteered about 5 minutes before he was going to be asked if he would consider it!). Unfortunately, as already mentioned we had to cancel the 3 Up due to roadworks on the course as this year we knew about them, unlike last year where we tried to race through them.

The event organisers of all Club Open Events would like to thank all the marshals, tea ladies/men, cake makers, pushers off, result board producers and last but not least timekeepers. Once again, without your help these events would not take place. If any readers are not sure what all these jobs entail, please volunteer for the next Club event and we would be delighted to show you!

According to the CTT website Chippenham Wheelers rode 101 (versus 104 in 2018, versus 166 in 2017) times across the season with 17 riders (versus 18 in 2018, versus 37 in 2017). Perhaps not surprisingly Paul Winchcombe led the way with 19 individual rides across the season, well down from his 2018 total of 28 which was due to the focus on competing in a 24 hour.

In this year's CTT ranking system which is based on points for places in events with some calculation also for the size of field. It is worth noting this competition is based on results in 12 events, so there is an element of being in it to win it (OK not win but to rise up the rankings).

Standings

National Poition	Points	Name	Age	Profile
547	1098.204	Paul Winchcombe	60 (Vet)	view profile
666	1001.796	Jamie Richardson Paige	27 (Senior)	view profile
941	824.075	Simon Cox	48 (Vet)	view profile
1724	509.476	Andrew Lockwood	25 (Senior)	view profile
1729	507.676	Paul Freegard	62 (Vet)	view profile
2537	330.924	Mike Gibbons	52 (Vet)	view profile
2567	324.324	Mark Evans	55 (Vet)	view profile
2668	308.182	Robbie Richardson	56 (Vet)	view profile
3977	165.104	James Currie	44 (Vet)	view profile
4587	128.049	Anthony Weare	43 (Vet)	view profile
4848	117.073	Mike Cox	63 (Vet)	view profile
6375	68.182	Martin Priestley	55 (Vet)	view profile
7936	28.302	Kate Derrick	37 (Senior)	view profile
8703	12.5	Shaun Andrews	22 (Espoir)	view profile
8849	9.677	Lynsey Carpenter	41 (Vet)	view profile
8898	8.721	John Eames	73 (Vet)	view profile

This year no club riders qualified for the 3 distance BBAR (50, 100 and 12 hr).

In the 2 distance BAR (50 and 100) Simon Cox was 149th and Paul Winchcombe was 165th .

Although the 24 Hour Time Trial does not count to BAR the club had 3 riders in this year which means that as all finished we secured third place. Their exploits were covered on the club website and Robbie, Paul and Jamie will recount the story as many times as anyone wants to listen to it. For the record the results were:

Rider	Distance	Position	+ On Standard
Graham Kemp	544.32	1st	
Christina Murray	478.42	1st lady / 12 th overall	
Robbie Richardson	416.32	32	+81.69 (std 334.63)

Paul Winchcombe	413.54	36	+89 (std 324.54)
Jamie Richardson-Paige	390.09	48	
Kate Bradley	270.03	64 - Last finisher	

16 riders Did Not Finish

Club Time Trial Records

Only one age group record was broken this year and that was by Paul Winchcombe as he turned 60 and entered a 50 mile race.

60 – 64 years	50 Miles	Paul Winchcombe	2019	02:02:39
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Audaxes

Club Audax Series and Challenge Rides

The club audax series of 50km to 175km distance rides continued to be as popular as ever, ably led by Mark Otridge with the assistance of David Else and several other volunteers who have kindly helped with the catering at Brinkworth Village Hall used on the 50km and 100km rides. The format of providing a GPX route to follow has greatly simplified things, but the tradition of finding your way around a set route in a sensible time without getting lost has continued.

We followed the audax series with four Challenge Rides through the summer months, each designed to stretch distance riding beyond 200km and increase the amount of climbing. The highlight was the Fish and Chip Ride where at least 22 club riders enjoyed the annual day trip to Weston-super-Mare where our club rider ages ranged from the youngest at only 12 years to the oldest in their 70s.

Audax Shield

Several club members participated in Audax UK events, the year being especially notable due to the 19th running of the 1,200km Paris-Brest-Paris Randonneur (PBP) in August.

Thanks to its French origins, Audax distances are measured in kilometres, rather than miles. Under Audax UK rules only Audax rides over 200km distance qualify for points, with 1 point awarded for every 100km of distance ridden within set time limits. Audax events shorter than 200km, like the Flapjack 100km, earn "distance" but not points.

The results of our club members are on the Audax UK website in the Chippenham Wheelers points table (link below). To see how many km each person has ridden click on their name:

<http://www.aukweb.net/results/archive/2019/listclub/?Club=Chippenham+%26+Dist+Whs>

Our club handbook rules also take into account distance ridden in our club's audax series, so the winner of this year's Audax Shield for the 3rd time is Sheni Jiwa who rode 7,851km under AUK rules plus another 400km in our club series, for a season distance total of 8,251 km. James Bradbury took second place with 5,335km, followed by Rob Duncumb in third with 4,833km. Sheni's total is the second highest since records began in 1984. Brian Atkins still holds the record at 10,065 km for his relentless effort in 2015.

Paris-Brest-Paris 1,200km

Four club members participated in the 19th edition of PBP. The event attracted a record of almost 7,000 international riders but suffered a 25% DNF rate with many riders succumbing to sickness,

injury, saddle pain or fatigue from the effects of sleep deprivation. Both Sheni and James completed the distance within the 90 hour limit. This was Sheni's second successful PBP and for James an especially satisfying first finish after his abandoned attempt in 2015. Special mention goes to Rob Duncumb for a superb preparation through the season, but who had to abandon 400km into his PBP ride after going down with sickness. Kate Churchill put in an audacious effort, starting with the faster 80 hour riders, but had to abandon on the return leg to Paris after it became too painful for her to continue.

Audax UK Club Championship

It was another good year for our club in the AUK club championship with several other members contributing to the club points total including Dylan Spencer, Erica Bradbury (for her first 600km completed with James on their tandem) and Robbie Richardson's National 24 hour time trial, which oddly also counts as an audax! Kate Churchill continued to ride in audax events, although her points are now credited to her local club VC Baracchi.

Chippenham Wheelers ranked a highly respectable 31st out of 387 UK clubs:
<http://www.aukweb.net/results/archive/2019/clubs/>

Audax UK Individual Points Championship

2,508 people competed in the AUK individual points championship in 2019. Final rankings of our top club members were:

Sheni Jiwa - 62nd
James Bradbury - 191st
Rob Duncumb - 205th
Kate Churchill - 283rd

All four of them completed Super Randonneur (SR) series of 200km, 300km, 400km and 600km rides in the season (which they needed to qualify for PBP), with Sheni feeling it was just not quite enough and going on to ride a double SR series to be sure of qualification.

Sheni and Rob continued their Randonneur Round the Year (RRTY) series (riding 12 x 200km audax rides in consecutive months, without missing a month). Rob completed his 1st series and Sheni his 3rd. Brian Atkins still holds the club RRTY record having completed 5 series, although Rob is now working on his 2nd and Sheni his 4th.

Ultra-distance Racing

Ultra-distance racing has its roots in audax riding, with riders competing to race vast distances from points A to B. They design and follow their own routes but have to ride mandatory "parcours" sections of mountainous terrain including off-road gravel sections, converging through set control points where their brevet cards are stamped as proof of passage.

In 2019, Rebecca Waters, a close friend of the club and regular chain-ganger, competed in the 7th Transcontinental Race across Europe. The race started at Black Sea resort of Burgas, Bulgaria taking in most of the Alps and finishing in Brest, France. Rebecca raced frantically at the end to finish successfully within the General Classification, after over 15 days of arduous riding. The race winner was Germany's Fiona Kolbinger, crossing the line after 10 days of riding and the first woman to ever win the event. Fiona then rode to Paris and rode PBP just a few days later!

Later in the season Jamie Richardson-Paige competed in the first running of the Trans Pyrenees Race, racing 1200+km from Biarritz to the Mediterranean Sea and back again to finish in Biarritz. The route takes the rider over just about all of the iconic climbs, with over 40,000 metres of climbing. Jamie finished 37th after 6 days and 20 hours. The race was won by Thomas Jacquelinet of France, after only 4 days and 8 hours with just 15 hours of resting time.

Rebecca and Jamie's achievements are quite incredible when you consider they were competing with the world's best ultra-distance racers.

2020 Audax Season

For the 2020 season Sheni Jiwa has become an accredited organiser with Audax UK for the Flapjack open event, continuing the club's tradition of "well fed" arrangements so well organised previously by Eric and Gill Fletcher.

With so many members enjoying the club audax series it would be great to see more members enjoying the organised AUK events in our region. We have forged contacts with other local organisers in Audax Club Bristol, Monmouthshire Wheelers and Cardiff Ajax who all run fantastic events accessible in just a short drive from Chippenham (or ride to and from the start!)

WTTA Hardriders Series

The WTTA Hardriders results are at:

<http://www.wtta-hardriders.org.uk/showresults.htm?year=2015&type=Results&event=Results&competition=wttahardriders>

WTTA Hardriders

(Bristol South 2 – UH26 Hill Climb Result not yet published but only Paul Winchcombe entered)

Position	First Name	Surname	Category	Points	Chippenham	Gillingham	Swindon	Bath	Bristol South	Gloucester	Cheltenham	Westbury	73 Deg / Chipp.	WTTA	VC Walcott	Bath 2	Bristol South 2
9	Paul	Winchcombe	V5	650			107	105				106	108	113		111	NK
20	Simon	Cox	V4	534				107	102	105	108					112	
21	Jamie	Richardson Paige	Senior	528	111				103	97	113		104				
29	Paul	Freegard	V6	385				97	93	93	102						
35	Mike	Gibbons	V5	307				103	94			110					
37	Mark	Evans	V5	301					99	95						107	
57	Robbie	Richardson	V5	188					88		100						
59	James	Currie	V4	182			92	90									
110	Kate	Derrick	Female	90						90							

Club Time Trial Championship (Open Time Trial Series) Results

The Club Time Trial Championship based on points from placings in Open Events was run throughout the season and the results table is below. The individual results for those who qualified by riding one of each event type were:

1st Simon Cox 4 pts
 2nd Paul Winchcombe 6 pts
 3rd Mike Gibbons 9 pts

Distance	10 miles	25 miles	Hardriders	25 miles	Hardriders	Hardriders	10 miles	10 miles	50 miles	50 miles	25 miles	50 miles	Total Points
Course	U375	U17	U32r	U17/25	U72	U33	U7b	U7b	UC864	U109	U370	R50/1b	
Organising Club	Frome & District Wheelers	Severn RC	Bath Cycling Club (WTTA Hardriders)	Bristol South Cycling Club	Gloucester City Cycling Club (WTTA Hardriders)	Westbury Wheelers (WTTA Hardriders)	Gloucester City Cycling Club	Severn RC	Chippenham Wheelers Midweek	Velo Club Walcot	Bath Cycling Club	Welsh Championship	
Date and Time	17-Feb	24-Feb	24-Mar	31-Mar	20-Apr	12-May	01-Jun	29-Jun	03-Jul	01-Sep	15-Sep	29-Sep	
Rider Name													
Paul Winchcombe	1	2	2			2			4		2	1	6
Simon Cox			1	2	1			1	1		1	2	4
Paul Freegard	3	3	4	5	4		DNS	4					
Mike Gibbons			3	4		1	2		2		3	3	9
Kate Derrick					5								
Mark Evans	4			3	3			3	3		4		12
Jamie Richardson-Paige	2	1		1	2		1						
Jamie Currie	DNS		5										
Mike Cox								2					