

Club Name:	Chippenham and District Wheelers	Assessment Completed by (name / role):	Rob Wild
Club Address	Chippenham, Wiltshire	Date Completed and Document Control and Review	20.8.20 GLR Covid Supplementary Version 3.1

Covid 19 Supplementary Risk Assessment for Group Leisure Rides

Functional Area	Description of the Risk	Who is at Risk			Level of risk (pre-control)			Controls to reduce the Risk <small>(The use of PPE is to be considered a last resort when all other controls have been exhausted)</small>	Level of risk (post-control)			Links
		P	C	G	H	M	L		H	M	L	

Document Control - V1 24.7.20 Initial. V2. 25.7.20 Review following BC Change to Social Distancing on 23.7.20. V3 18.8.20 Minor amendments to text following consultation and ratification by CDW Committee on 17.8.20. V3.1 20.8.20 Change red text to black prior to doc going live.

Pre-Activity Communication	People not receiving appropriate and accurate information in advance of attending an activity	•			•			Activity guidelines communicated via club website and social pages. Emphasis on individual responsibility and duty of care as well as any new rules to be observed. Designation of ride coordinator role to encourage compliance on the day. All members to be provided with a link to British Cycling document 'The Way Forward' and subsequent updates.			•	https://www.britishcycling.org.uk/way-forward Sect 3	
	Activity guidelines not understood by participants	•			•					•		•	https://www.britishcycling.org.uk/way-forward Sect 2.1
	Activity guidelines not adhered to by participants	•			•					•		•	https://www.britishcycling.org.uk/way-forward Sect 2.1
Pre planning	Route planning , Safety and social distancing	•		•	•			Route planning or selection should allow individuals and small groups (of up to six people) to safely cycle together. The leisure ride environment will be recreational, informal cycling activity, outdoor. Ideally on roads and at times when traffic is less. Cyclists planning to ride on the public highway should only do so if compliant social distancing is possible without unduly compromising personal safety. Careful consideration must be given to whether the activity is practical and safe when choosing or designing routes, before setting out and whilst riding. Busy areas should be avoided.			•	https://www.britishcycling.org.uk/way-forward Sect 1.1	
Contact register	Contact tracing if a participant experiences Covid symptoms post ride.	•		•	•			Members must not attend a club ride if they have Covid 19 symptoms. The Club is to ensure their contact details data base is up to date. A register is to be compiled of who is on the ride, at the start of or before a ride via a booking system, so they can subsequently be contacted if required. Covid 19 can be present asymptotically so there is still a risk of an infected person being on the ride without symptoms.			•	https://www.britishcycling.org.uk/way-forward Sect 2.3	
	Riders failing to maintain correct distance during activity	•		•	•			Social distancing is 2 metres or 1m plus with mitigating factors. The			•	https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do	

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		P = Participant / C = Coach or Volunteer / G = General Public						H = High / M = Medium / L = Low					
The Ride	Respiratory hygiene	•		•	•			mitigating factors for group riding are, being outdoors and no face to face contact . If this cannot be achieved then it is 2m. Not complying fully and responsibly with social distancing measures will offer risk of infection and may invalidate insurance. Practice good respiratory hygiene. Avoid spitting and snotting. Ride within your capability to avoid heavy breathing and to reduce the likelihood of accidents. Each group to be a maximum of six. Avoid refreshment stops at business premises or comply with host business rules at coffee stops. Consider notifying in advance to assess if space will be available. Practice good hand hygiene and avoid touching your face. Do not share equipment, food and drinks. First aiders or those prepared to administer first aid or other support must understand Covid 19 protocols and be equipped with protective gloves, hand sanitiser, resuscitation face shield and masks. All riders must be aware of the action to take on arrival of emergency services if they are called to an accident. If a participant experiences symptoms during or after a ride, they should follow the Government test and trace guidelines.			•	BC Behaviour Code	
	Activities which produce direct or indirect contact between riders	•		•	•						•		
	Cafe or Refreshment stops	•		•	•							•	https://www.britishcycling the way forward Section 4
	Accident	•		•		•					•		https://www.gov.uk/Covid and first responders
Sharing equipment	Risk of transmission from sharing equipment and assisting with mechanicals during ride	•		•	•			Riders to be equipped with their own supplies and be self-sufficient in repairing punctures and other likely defects. Where assistance is to be offered, disposable gloves to be worn and taken off and disposed of in a safe and manner			•		
Vulnerable people	Vulnerable people attending	•		•	•			Clinically vulnerable people are no longer required to shield (18 Aug 20) It is a personal choice if they wish to expose themselves to the additional risk of COVID by participating			•	https://www.gov.uk vulnerable people	
	Covid symptoms experienced by a group post ride	•		•	•			Clinically Vulnerable people are at a greater risk of severe illness from COVID 19. If post ride symptoms are experienced by a participant in a group in which a Clinically Vulnerable person is present the authorities must be notified promptly.			•		
First Aid Provision	First Aid provision unable to exercise correct treatment protocols in line with guidance	•	•	•	•			Ensure first aid provider is correctly qualified and has the necessary additional PPE and supplies to deal with potential covid infected participants			•	https://www.britishcycling the way forward Section 4	
	First aid provider unaware of protocols and actions should a person present with acute signs of covid 19 infection	•	•	•	•			Club to ensure first aider is conversant with current NHS guidance on the management of individuals presenting with covid 19 symptoms and take the correct actions. See BC the Way Forward Section 4.2.3			•	https://www.britishcycling the way forward Section 4.2.3	

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	First Aid certificate expires during covid period and is unable to be refreshed		•	•	•	•		Verify that first aid cert is within existing guidelines (with extension)				•	https://www.britishcycling.org.uk/firstaidextension sec 4.1
Emergency services response	All activity volunteers unaware of the actions to be taken in an emergency requiring attendance of the emergency services		•	•	•		•	All activity volunteers to be briefed on the actions to be taken should the emergency services attend.				•	https://www.gov.uk/Covid and first responders
Members of the Public and other road users	Hazard from Other vehicles		•		•	•		Plan rides or select routes from the CDW Library which are traffic free or have less traffic			•		
	Risk to Pedestrians		•		•		•	Pass at a safe distance and use good respiratory hygiene. Avoid spitting and snotting				•	
Start and finish of rides	Gathering of people within a confined space increasing the risk of infection and preventing social distancing protocols		•		•	•		Observe premises protocols. Start and finish rides in open air locations with sufficient space to distance				•	
	After the ride		•		•	•		Wash and sanitise hands and equipment used				•	
Equipment	Equipment not being checked prior to use.		•	•	•		•	Participants to ensure bikes are well maintained and mechanically sound prior to ride.				•	
	Repairs to equipment required during activity		•		•	•		Individuals to be suitably qualified and equipped to undertake repairs. Repair to be undertaken in line with effective hand hygiene and social distancing requirements				•	

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Behavioural	Human Factors are likely to have a significant impact on the safety of the activity by non compliance with controls. particularly during the ride. Factors of humans include, for example: cognitive functions such as attention, detection, perception, memory, judgement and reasoning	•		•	•			Communicate rules and ensure compliance with control measures. Expectation is for a Ride Coordinator for each group with the authority to advise and correct non compliant behaviour and if repeated report to the Committee		•		

Links

- <https://www.britishcycling the way forward>
- <https://www.britishcycling resumption of club activities>
- <https://www.britishcycling guidance>
- <https://www.gov.uk vulnerable people>
- <https://www.britishcycling Covid FAQ 1>
- <https://www.gov.uk what can /cant do>
- <https://www.britishcycling way forward FAQ 2>
- <https://www.gov.uk/Covid and first responders>
- <https://www.britishcycling First aidextension sec 4.1>