

Club Name:	Assessment Completed by (name / role):
Chippenham and District Wheelers	Rob Wild
Club Address	Date Completed and Document Control and Review
Chippenham, Wiltshire	18.05.2021 GLR Covid Supplementary Version 6

Covid 19 Supplementary Risk Assessment for Group Leisure Rides

Functional Area	Description of the Risk	Who is at Risk						Level of risk (pre-control)	Controls to reduce the Risk <small>(The use of PPE is to be considered a last resort when all other controls have been exhausted)</small>	Level of risk (post control)			Notes
		P	C	G	H	M	L			H	M	L	
		P = Participant / C = Coach or Volunteer / G = General Public							H = High / M = Medium / L = Low				
Document Control - V1 24.7.20 Initial. V2. 25.7.20 Review following BC Change to Social Distancing on 23.7.20. V3 18.8.20 Minor amendments to text following consultation and ratification by CDW Committee on 17.8.20. V3.1 20.8.20 Change red text to black prior to doc going live. V4 25.09.20 Review and changes following Gov announcement of changes to max 6 in social gatherings due on 14.09.20 and BC guidance issued 14th and 24th September. V5 12.03.21 Review and changes following Gov Roadmap proposals effective 29.3.21 (back to rule of 6) and BC guidance published 9.3.21 permitting group rides of max 15 for organised sport. V6 18.05.21 Review and changes following the further Government relaxation of Lockdown arrangements on 17.05.20 (larger groups and indoor seating at cafes permitted)													
Pre-Activity Communication	People not receiving appropriate and accurate information in advance of attending an activity	•			•			Activity guidelines communicated via club website and social pages. Emphasis on individual responsibility and duty of care as well as any new rules to be observed. Designation of ride coordinator role to encourage compliance on the day. All members to be provided with a link to British Cycling document 'The Way Forward' and subsequent updates. Other riders may also police activity			•		
	Activity guidelines not understood by participants	•			•						•		
	Activity guidelines not adhered to by participants	•			•							•	
Pre planning	Route planning , Safety and social distancing	•		•	•			Route planning or selection should allow individuals and groups to safely cycle together. The leisure ride environment will be recreational, informal cycling activity, outdoor. Cyclists planning to ride on the public highway should only do so if compliant social distancing is possible without unduly compromising personal safety. Consideration must be given to whether the activity is practical and safe when choosing or designing routes, before setting out and whilst riding. Busy areas should be avoided. Start and finish locations should be chosen which enable social distancing. If a cafe stop is included select somewhere suitable for the numbers of riders expected or multiple locations.			•		
Contact register	Contact tracing if a participant experiences Covid symptoms post ride.	•		•	•			Members must not attend a club ride if they have Covid 19 symptoms. The Club is to ensure their contact details data base is up to date. A register is to be compiled of who is on the ride, at the start of or before a ride via a booking system, so they can subsequently be contacted if required. Covid 19 can be present asymptotically so there is still a risk of an infected person being on the ride without symptoms.			•		

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The Ride	Riders failing to maintain correct distance during activity	•		•	•			<p>Social distancing is 1m plus when riding and 2 metres at other times. When riding two abreast, aim to stay beside the same person for as much of the ride as possible. Practice good respiratory hygiene. Avoid spitting and snotting. Cough or sneeze into the crook of your elbow. Ride within your personal and technical limitations to avoid accidents. Avoid bunching at junctions. Maintain separation. Group size outdoors is now unlimited for clubs affiliated to BC. Group sizes therefore should not exceed the leader ride ratios set by the Club. At refreshment stops comply with host business rules and Government guidelines. (Currently this is groups of up to six indoors and 30 outdoors). Individuals shouldn't move between groups during the stop. Practice good hand hygiene throughout and avoid touching your face. It is a responsibility of all riders to carry PPE, (facemask, gloves, hand cleanser). Do not share equipment, food and drinks. First aiders or those prepared to administer first aid or other support must understand Covid 19 protocols and be suitably equipped. All riders must be aware of the action to take on arrival of emergency services if they are called to an accident. If a participant experiences symptoms during or after a ride, they should follow the Government test and trace guidelines.</p>			•	
	Respiratory hygiene	•		•	•						•	
	Activities which produce direct or indirect contact between riders	•		•	•						•	
	Cafe or Refreshment stops	•		•	•						•	
	Accident	•		•			•					•
Sharing equipment	Risk of transmission from sharing equipment and assisting with mechanicals during ride	•		•	•			Riders to be equipped with their own supplies and be self-sufficient in repairing punctures and other likely defects. Where assistance is to be offered, disposable gloves to be worn and taken off and disposed of in a safe and manner			•	
Vulnerable people	Vulnerable people attending	•		•	•			Vulnerable people should follow the current Government advice and not place themselves at increased risk.			•	
	Covid symptoms experienced by a group post ride	•		•	•			If post ride symptoms are experienced by a participant in a group in which a Clinically Vulnerable person is known to be present, the authorities must be notified promptly.			•	
First Aid Provision	First Aider unaware of Covid19 protocols	•	•	•	•			Club to ensure first aider is conversant with current guidance on the management of individuals presenting with covid 19 symptoms and take the correct actions. See BC the Way Forward Section 4. Link at foot of page			•	
Emergency services response	Participants unaware of the actions to be taken in an emergency requiring attendance of the emergency services	•	•	•		•		Participants to be aware of the risks. See BC the Way Forward Section 4. Link at foot of page			•	

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Members of the Public and other road users	Hazard from Other vehicles	•		•	•			Plan rides or select routes from the CDW Library which are traffic free or have less traffic		•		
	Risk to Pedestrians	•		•		•		Pass at a safe distance and use good respiratory hygiene.			•	
Start and finish of rides	Gathering of people within a confined space or busy outdoor area increasing the risk of infection and preventing social distancing protocols	•		•	•			Start and finish rides in open air locations with sufficient space to distance. Proper social distancing to be maintained at all times. Time limit gathering of riders. Observe any premise protocols in force.			•	
	After the ride	•		•	•			Wash and sanitise hands and equipment used			•	
Equipment	Equipment not being checked prior to use.	•	•	•		•		Participants to ensure bikes are well maintained and mechanically sound prior to ride.			•	
	Repairs to equipment required during activity	•		•	•			Individuals should aim to be equipped and able to undertake their own repairs. Repair to be undertaken with effective hand hygiene and social distancing.			•	
Behavioural	Human Factors are likely to have a significant impact on the safety of the activity by non compliance with controls. Factors of humans include, for example: cognitive functions such as attention, detection, perception, memory, judgement and reasoning	•		•	•			Communicate rules and encourage compliance with control measures. Expectation is for a Ride Coordinator for each group with the authority to advise and correct non compliant behaviour.			•	
	Compliance with risk controls following Covid 19 Vaccination	•		•	•			Participants who have been vaccination will have a greater protection from Covid 19 and therefore provide an overall reduction in risk to themselves and others. Even following vaccination there remains a risk of infection from Covid19. Participants must therefore continue to observe risk control measures even if fully vaccinated			•	
Links	https://www.britishcycling.org.uk/zuvvi/media/media/other/The_Way_Forward_Issue_1_May21.pdf											