

Club Name:	Assessment Completed by (name / role):
<b>Chippenham and District Wheelers</b>	<b>Rob Wild</b>
Club Address	Date Completed and Document Control and Review
<b>Chippenham, Wiltshire</b>	<b>22.07.2021 GLR Covid Supplementary Version 7</b>

### Covid 19 Supplementary Risk Assessment for Group Leisure Rides

Functional Area	Description of the Risk	Who is at Risk			Level of risk (pre-control)			Controls to reduce the Risk <small>(The use of PPE is to be considered a last resort when all other controls have been exhausted)</small>			Level of risk (post-control)			Notes
		P	C	G	H	M	L	H	M	L				
		P = Participant / C = Coach or Volunteer / G = General Public			H = High / M = Medium / L = Low									

**Document Control** - V1 24.7.20 Initial. V2. 25.7.20 Review following BC Change to Social Distancing on 23.7.20. V3 18.8.20 Minor amendments to text following consultation and ratification by CDW Committee on 17.8.20. V3.1 20.8.20 Change red text to black prior to doc going live. V4 25.09.20 Review and changes following Gov announcement of changes to max 6 in social gatherings due on 14.09.20 and BC guidance issued 14th and 24th September. V5 12.03.21 Review and changes following Gov Roadmap proposals effective 29.3.21 (back to rule of 6) and BC guidance published 9.3.21 permitting group rides of max 15 for organised sport. V6 18.05.21 Review and changes following the further Government relaxation of Lockdown arrangements on 17.05.21. **V7 22.07.21 Review and changes following the further Government moving to Step 4 of their roadmap with further relaxation of COVID 19 prevention arrangements on 19.07.21**

Expectation from 19th July 21 From Monday 19 July 2021, England will move to Step 4 of the UK Government's roadmap for easing COVID-19 restrictions, which means that most legal restrictions will be lifted. However, with case numbers high and rising, it remains vitally important that we all act responsibly and cautiously to keep everyone on our leisure rides safe.

Pre-Activity Communication	People not receiving appropriate and accurate information in advance of attending an activity	•				•		Activity guidelines communicated via club website and social pages.			•	
	Activity guidelines not understood by participants	•				•		Emphasis on individual responsibility and duty of care as well as any new rules to be observed. Designation of ride coordinator role to encourage compliance on the day. All members to be provided with the information in the British Cycling document staying safe at step 4 and subsequent updates.			•	<a href="#">Staying safe at step 4 FAQ's</a>
	Activity guidelines not adhered to by participants	•				•					•	<a href="#">Staying Safe at Step 4 Flyer</a>
Pre planning	Route planning , Safety and social distancing	•		•	•			Route planning or selection should be designed to allow individuals and groups to safely cycle together. The leisure ride environment will be recreational, informal cycling activity, outdoor. Government guidance is that individuals should limit the close contact they have with those they do not usually live with. This includes minimising the number, proximity and duration of social contacts.			•	
Contact register	Contact tracing if a participant experiences COVID-19 symptoms post ride.	•		•		•		Members should regularly monitor themselves for symptoms of COVID-19. Members must not under any circumstances attend a club ride if they have COVID-19 symptoms and should follow NHS test and trace procedures. The Club will ensure the contact details data base is up to date. A register will be compiled of who is on the ride, so they can subsequently be contacted if required. COVID-19 can be present asymptotically so there is still a risk of an infected person being on the ride without symptoms.			•	<a href="#">Main symptoms of COVID-19 and stay at home guidance</a>
The Ride	Use of face coverings to reduce risk of infection	•		•	•			Practice good respiratory hygiene. Avoid spitting, coughing, sneezing and snotting in close proximity of others. If you need to cough or sneeze, do it into a tissue or the crook of your elbow. Move away from others first if possible. Dispose of used tissues as quickly as possible in a bin. Group size limits are the leader ride ratios set by the Club. At refreshment stops comply with host business rules. Practice good hand hygiene throughout and avoid			•	
	Respiratory hygiene	•		•	•						•	

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The Ride	Activities which produce direct or indirect contact between riders	•		•	•			touching your face. The club <b>recommends that face coverings are worn when in crowded or enclosed spaces</b> . It is a responsibility of riders to carry PPE, (facemask, gloves, hand cleanser). Avoid sharing equipment, food and drinks.			•	
	Cafe' stops	•		•	•							•
Sharing equipment	Transmission from sharing equipment and assisting with mechanicals during ride	•		•		•		Riders to be equipped with their own supplies and be self sufficient in repairing punctures and other likely defects. Where assistance is to be offered, disposable gloves to be worn and taken off and disposed of in a safe and manner			•	
Vulnerable people	Additional risk to vulnerable people attend	•		•	•			<b>Clinically extremely vulnerable people are advised to follow the same guidance as everyone else, however, as someone who is at a higher risk of becoming seriously ill if they were to catch COVID-19, they should think particularly carefully about precautions they can continue to take.</b>			•	
First Aid Provision	First Aider unaware of COVID-19 protocols	•	•	•	•			The Club is to ensure first aider is conversant with current guidance on the management of individuals presenting with COVID-19 symptoms and able take the correct actions.			•	
Start and finish of rides	Gathering of people within a confined space or busy outdoor area.	•		•	•			Start and finish rides in open air locations as a preference. If indoors choose well ventilated areas and observe any premise protocols.			•	
	After the ride	•		•		•		Wash and sanitise hands and equipment used			•	
Bikes and Equipment	Equipment not being checked and bike maintained prior to use.	•	•	•		•		Participants to ensure bikes are well maintained and mechanically sound prior to ride to reduce the risk of breakdown.			•	
	Repairs to bike required during activity	•		•		•		Individuals should aim to be equipped and able to undertake their own repairs. Repair to be undertaken with effective hand hygiene and limit equipment sharing.			•	
Vaccination	Compliance with risk controls following Covid 19 Vaccination	•		•		•		Participants who have been vaccinated will have a greater protection from COVID-19 and therefore provide an overall reduction in risk to themselves and others. Even following vaccination there remains a risk of infection from COVID-19. Participants must therefore continue to observe risk control measures even if fully vaccinated			•	
Links	<a href="#">Staying safe at step 4 FAQ's</a>											
	<a href="#">Main symptoms of COVID-19 and stay at home guidance</a>											