

Chippenham and District Wheelers – Time Trial Report 2021

So after 2020 it is nice to be writing a time trial report for an almost uninterrupted years' worth of racing. In my 10th year as club racing secretary I have reflected on time trialling in the club and will muse on that later in this report. As a club we ran a full season of club evening events and an almost full season of Open Events, with only Paul Freegard's WTTA Hardriders event on U601b being cancelled as it was before the easing of COVID restrictions.

We continued with the Zwift Racing League virtual world events in the early season, which did result in some very tired legs with the virtual race being on Tuesday and the club time trials on the Wednesday. We are now racing the winter series or as ZRL term it Season 2, Series 1; as there will be 2 more series to take us into next years' time trial season.

Within West DC we had a full calendar of Open Events which from April onwards mostly were run and the early season ones had good attendance as there was pent up demand. There was some frustration as Wales COVID restrictions ran to a different time table to the rest of the UK and racing in Wales did not really start to happen properly until July, but once it did several Wheelers made the journey to Abergavenny and Raglan.

In 2020 I said we needed to build on our core of dedicated time trialists but with the slow start to the year and general restrictions on meeting up for the first half of the year I will hold my hand up to say that I did not take the initiative on this. I must record my thanks to a dedicated team of people who turn out to support the open events. It would be unfair to call out particular individuals but those who open the HQs while I am laying out the course are invaluable or else I would be getting up at 3 a.m. rather than 4.30 a.m.. We are also hugely lucky to have Sue Andrews, who week in, week out turns out to time keep for the club evening events whatever the weather and Mike Edwards who marshals the right hand turn and has been known to move location, as if by magic, ready to marshal other turns.

The weekly write up of club events has been conducted through FaceBook and they are reproduced at the end of this report as they never made it to the weekly pdf that I have run in recent years. As I am now retired, I may find more time to be a little more organised (this would also count as trying to provide more information and feedback to encourage greater participation).

One impact of lockdown has been the loss of our trophy engraving company, Colbornes, who have ceased trading. It took a while to find a replacement company and at the moment we are using a Devizes based company. The range of keepsakes and ability to produce cycling specific awards seems more limited, so although we will use them for the 2021 trophies we may move further afield. The change did mean a delay in producing the trophies for 2020 but they were all ready for presentation at our last social evening – though it did mean though winners had time for a photograph with their trophy before handing them back for the 2021 engravings to take place. However, it does mean that winners will not need to clean their trophies before handing them back. As some will be aware some of our trophies have a long history and this year we have resilvered the 100 mile cup and put a new base on the Sheila Wiseman 10 Mile Trophy. Over time the intention is to restore some of the more battered trophies to maintain them for the future. One thing as Racing Secretary that has always confused me is the series of Jack Nunn trophies and finally I have found out (it wasn't a secret by the way) that the missing Veteran Cup is an accident of history. When the

series of trophies were sent for mounting and engraving the Veteran Cup was mislaid, so whilst a keepsake has been awarded for it over the years there has never been a corresponding cup. Mike Edwards is in the process of correcting this and is designing a new award onto which Jack Nunn's veteran medal will be fixed so the history is maintained.

The club remains well represented on the West DC committee with Andy Cook as Chairman and Paul Winchcombe as the Open and Club Events Secretary, Paul also maintains the new CTT West DC website as can be seen by the only photos on the website being of him. <https://west.ctt.org.uk/>

I promised some musing at the beginning and I don't have anything earth shattering to present. Time trialing has always been a bit of a niche activity within cycling and perhaps a bit peculiar to the UK – with rude comments about pointy helmets and skin tight lycra. It is run by mostly unpaid volunteers and is dependent upon a mix of organisers, marshals, time keepers and of course riders. It is usually a friendly activity with traditions of tea and cake in hidden away village halls (how people did it before Sat Naps I do not know) and prize givings with token payments which might just cover the cost of entry. It has club weekday events which act as feeder events for the open events which are usually held at weekends and provided you belong to a club affiliated to the "Cycling Time Trials" organisation you can enter and ride.

Since 2012 when I started writing annual time trial reports you can see that our numbers have declined (in 2021 we had 51 participants in club time trials and 188 entries in Open events). To a degree this is reflected in the clubs reduced membership from the days of the Olympic boost but there is a general feeling in the time trialing community that numbers are down. That said other local clubs get fields of 50 or more for their week day club rides.

We have had club members turn out on a Wednesday evening race, put in a good performance on a road bike and I think welcomed and encouraged; not to be seen again. I have ridden with chain gang members who tell me they have ridden the course and been disappointed with their time – all the while staying with the chain gang group for the whole ride, so are clearly capable – so are not going to give it a go. For some the fun has gone from pushing themselves to the limit, for others it is concerns about traffic and I know that people's personal commitments change and fully understand those that have now stopped having raced for a few years (and sold their time trial bikes).



Lauren and Andy in Club 2 Up

Other activities within the club have formed sub-committees to arrange programmes of events and "govern" that aspect of the club. I have not done this for time trials as the programme is set at the

start of the year, we have a full set of competition rules and trophies and we meet every Wednesday at Queen's Field. For 2022 I would like to see if there is interest amongst those involved meeting to discuss how we increase participation. One small change I have made it to bring our Come and Try It event forward in the calendar and put it on a flat course – some feedback suggested that even our mildly hilly course was too much.

Jack Nunn Results

Only 4 riders completed 6 Jack Nunn events

	Average of best 6 times		
1	Simon Cox	00:23:42	Fastest Veteran
2	Paul Winchcombe	00:24:08	
3	Peter Iffland	00:25:54	
4	Mike Gibbons	00:26:02	

Jack Nunn Points Results Table

Position	Name	Ride Points	Rides Entered	Total
1	Paul Winchcombe	58	8	66
2	Simon Cox	51	8	59
3	Peter Iffland	39	6	45
4	James Eccleston	36	4	40
5	Mike Gibbons	33	6	39
6	Mark Evans	28	4	32
7	David English	22	4	26
8	Robbie Richardson	16	3	19
9	Owen Burgess	17	2	19
10	Lauren Booth	14	2	16
11	Tony Weare	14	2	16
12	Lynsey Carpenter	5	1	6

Although there is not a prize for fastest single ride on a Jack Nunn event for the record the best individual times are below:

1	Simon Cox	00:23:21
2	James Eccleston	00:23:39
3	Tony Weare	00:23:39
4	Paul Winchcombe	00:23:59
5	Owen Burgess	00:24:10
6	Andrew Lockwood	00:24:19
7	David English	00:24:28
8	Peter Iffland	00:25:02
9	Robbie Richardson	00:25:13
10	Mike Gibbons	00:25:17
11	Mark Evans	00:25:22
12	Lynsey Carpenter	00:25:43
13	Lauren Booth	00:26:56
14	Steve Davies	00:32:15

The Club BAR was not awarded in 2020 as no riders apart from Paul Winchcombe completed a 25, 50 and 100 miles. It was felt that given there were so few events the prize would not be awarded just for participating. However, in 2021 Paul Winchcombe put that right by winning both the BAR and the Veterans BAR.

Paul Winchcombe - Aged 61/62

Distance	2021 std	Vets speed on std mph	Age at event	Time	Plus on std	Avg speed
	HH:MM:SS.0	(B13/C13)/24				
10						
25	01:10:51	21.17	61	00:58:07	00:12:44.0	25.81
30						
50	02:24:54	20.70	61	01:57:40	00:27:14.0	25.50
100	05:03:17	19.78	61	04:06:08	00:57:09.0	24.38
	Avg speed	20.55		plus	01:37:07.0	25.23

plus 4.67 **BAR**
vets BAR

Simon Cox - Aged 50

Distance	2021 std	Vets speed on std mph	Age at event	Time	Plus on std	Avg speed
	HH:MM:SS.0	(B13/C13)/24				
10						
25	01:07:56	22.08	50	01:02:39	00:05:17.0	23.94
30						
50	02:18:40	21.63	50	02:09:00	00:09:40.0	23.26
100	04:49:04	20.76	50	04:28:29	00:20:35.0	22.35
	Avg speed	21.49		plus	00:35:32.0	23.18

1.69 **BAR**
vets BAR

Club Trophies for 2021:

Trophy winners in 2021 were:

Time Trial Championship (Open Events) – Paul Winchcombe
BAR – Paul Winchcombe
V BAR – Paul Winchcombe
Ted Barlow Cup (WTTA Hardriders) – Paul Winchcombe
Jack Nunn Club Evening 10 Mile Champion (Handicap on points) – Paul Winchcombe
Jack Nunn 1st Veteran – Simon Cox
Sheila Edwards 10 – Simon Cox
Sheila Edwards 10 Handicap Medal – Simon Cox
2 Up Time Trial Trophy – Lauren Booth and Andy Cook
2 Up Time Trial Medal – Simon Cox and James Eccleston
Gary Woodward Shield – Simon Cox
Nixon Cup 50 – Simon Cox
Mike Edwards Cup 50 (Handicap) – Mark Evans
Hinder Cup 25 – David English
Hinder Cup 25 Handicap Medal – David English
Jackman Cup 100 – Simon Cox
Jackman Cup 100 2nd Medal – Paul Winchcombe
Roberts Tankard Hill Climb – Andrew Lockwood
Medium Gear – Paul Winchcombe
Jack Nunn Best Improvement – Paul Winchcombe (1 minute 06 seconds)
10 Mile Time Trial 1st Veteran – Simon Cox
Eric Fletcher Audax Shield – Sheni Jiwa (2,709km)

Not Awarded:

Harriers Award for Effort
Gerald Cup 25
The Kilo
10 Mile Time Trial 1st Lady
10 Mile Time Trial 1st Senior
Tandem

Open Event Reports

U41

Following the very wet U41 event in 2020 it was really nice to have an almost perfect day on 1 May. With the pent up demand for events we had 107 entries and only 12 DNS riders. With 19 cycle event warning signs and numerous direction arrows needed laying the course takes 2 hours, so an early start is needed to ensure all is ready for the riders.

New course records for male and female were set by Max Stedman HuntBikeWheels.com 00:20:25 and Jo Buckland FTP (Fulfil The Potential) Racing 00:23:58.

U86/25

The U86/25 was run on 15 August and we had 49 entries, including 3 from the club. Paul Winchcombe as the organiser managed to ride as the event is also the club's Gary Woodward Shield event. Simon Cox was the winner of the Gary Woodward Shield.

This year we were able to use a local farmer's field for parking as the land adjacent to the village hall has been roped off. This made life much easier for the organisation and Wiltshire Air Ambulance benefitted from a donation.

New course records for this version of U86 starting in Somerford were set by Jake Sargent and Charlotte Davis, both of FTP Racing. Jake Sargent – FTP Racing – 51:47 Charlotte Davis – FTP Racing – 1:02:37



UH80

Well, its October and it must be Hill Climb season again and of course it is the Chippenham event so expect it to be wet. The weather didn't disappoint, it chucked it down and was probably the wettest I have known it. Unlike last year where we signed on in the boot of Ian's car this year we teamed up with the Bowden Church and had gazebos for signing on and refreshments (very old school). The church team laid on the tea and cakes and with our donation we made £395 for the church restoration fund. It would be nice to attract more riders but we did have the current men's and women's hill climb champions enter the event, so a quality field.



U41

Following the Hill Climb we had the final open event of the year run by the club, back on U41. This event has replaced the 3 Up and as it is for many end of season numbers were low but enough to more than break even and the earlier start reduced the traffic count issues which later riders earlier in the year had encountered.

Open Time Trial Standings

According to the CTT website Chippenham Wheelers rode 80 times across the season with 11 riders. Paul Winchcombe managing to enter 24 events (and he has 2 more to go before the end of the season), Peter Iffland rode in 18 events, Mark Evans 10 and David English 7. So the numbers are better than 2020 but highlight a drop in numbers in the club competing in Open Time Trials.

This year Spindata has replaced the CTT Ranking system and I am not sure how it calculates its results. Its scoring is based on position in fields rather than time and this year it places Lawrence Martindale with 4 rides as our top scorer. So congratulations to him for some excellent rides. The old system would score riders best 6 rides which meant that generally riders with fewer rides slipped down the field. In addition, the system does not show all riders as I am aware of some riders who have raced but since they only have one event, they have not been scored, so it is much harder to do a full analysis of our riders.

Pos	Rank	Name	Category	Score
1	1015 ↑ 4	Lawrence Martindale < B8	Male Junior	1880
2	1286 ↑ 1	Paul Winchcombe < B14	Male Veteran 60-64	2404
3	1362 ↑ 6	Simon Cox < B15	Male Veteran 50-54	2557
4	1918 ↓ 54	David English < C6	Male Veteran 45-49	3814
5	2300 ↓ 18	Peter Iffland < C14	Male Veteran 55-59	4718
6	2633 ↓ 1	Mark Evans < D3	Male Veteran 55-59	5561
7	2698 ↑ 2	Joseph Martindale < D4	Male Juvenile	5743

This year one club rider qualified for the 3 distance BBAR (50, 100 and 12 hr). Paul Winchcombe came 30th out of 57 qualifying riders with an average speed of 23.663 mph. Simon Cox came 159th in the 2 distance BAR out of 202 qualifying riders. (Note. BBAR riders are not included in 2 distance BAR.)

Audaxes

The Audax Series was not run in 2021 due to COVID restrictions disrupting the early season events. However, Audax UK still operated and club riders results are below

1. Sheni Jiwa 2,709km
2. James Bradbury 2,200km
3. Andrew Weaver 1,800km
4. Alison Collins 1,506km
5. Robert Duncumb 600km

Club Time Trial Records

Paul Winchcombe set out to break all of the 60 – 64 year old age group records in the same year and achieved that goal, breaking some records which had stood for a significant length of time by some considerable amount.

Distance	Holder	2021 Time	Previous	Year Set	Time
10 Miles	Paul Winchcombe	21:38	Paul Freegard	2017	23:24
15 Miles	Paul Winchcombe	34:44	John Eames (as 70+)	2018	37:49
25 Miles	Paul Winchcombe	54:32	Paul Freegard	2018	56:59
30 Miles	Paul Winchcombe	1:08:31	John Eames (as 70+)	2018	1:16:30
50 Miles	Paul Winchcombe	1:57:43	Paul Winchcombe	2019	2:02:39
100 Miles	Paul Winchcombe	4:06:08	Gary Woodward	2006	4:23:01
12 Hour	Paul Winchcombe	253.39	Keith Wright	Between 1999 - 2003	231.670 miles

WTTA Hardriders Series

The WTTA Hardriders results are at:

<http://www.wtta-hardriders.org.uk/showresults.htm?year=2021&type=Results&event=Results&competition=wttahardriders>

5 of the early season WTTA Hardrider Events were lost to COVID restrictions. However, Paul Winchcombe managed to complete the 6 qualifying events and at the time of writing has placed 5th overall, this will change once the final HC of the season is included.

Position	First Name	Surname	Category	Points	Gloucester	Westbury	FTP1	FTP2	Bristol South2	Swindon2	Chippenham2	Gloucester2	Bristol South3
5	Paul	Winchcombe	V6	643		110	110	109	111	102	101		
10	Simon	Cox	V4	442		114		115		108	105		
40	Mark	Evans	V5	190	88		102						
68	Lynsey	Carpenter	Female	105				105					
72	David	English	Vet	104							104		
88	Robbie	Richardson	V5	96						96			

Club Time Trial Championship (Open Time Trial Series) Results

The Club Time Trial Championship based on points from placings in Open Events was run throughout the season and the results table is below. The individual results for those who qualified by riding one of each event type were:

1st Paul Winchcombe 5 pts

No other riders qualified by riding one event of each type in 2021.

			Winchcombe	Evans	Cox	Carpenter	Richardson	English
			4	2	3	1	1	1
10-Apr	U7b	10	1					
18-Apr	U72/25	Hilly		1				
09-May	U33	Hilly	2		1			
23-May	U17/25	25	1					
30-May	U86/50	50	1	2				
13-Jun	U86/100	Hilly	2		1	3		
08-Aug	U109	50	1					
11-Jul	U102	10	No riders					
18-Jul	U86/50	50	2		1		3	
15-Aug	U86/25	25	3		1			2
12-Sep	U72/25	25	No riders					
25-Sep	U44	10	Event Cancelled					
Total			5	3	3			