

Chippenham and District Wheelers – Time Trial Report 2023

We had a steady but small participation in time trials this year, with events being run as usual on Wednesday evenings. Roadworks disrupted our use of the usual course in Sutton Benger but we are well provided with alternative routes and managed to complete the Jack Nunn series. We lost some events to weather where riders voted with their feet and the Nixon Cup (50 mile time trial) had to be raced in an Open Event as both our course options were out of action.

Our club Open Events were as usual very well run and had enough entries from across the District to justify running them. The events once again broke even.

The new Bring A Friend Two Up was a nice addition to the variety of our evening time trials. We also had a new hilly course which starts in Sodom Lane which is both technical and has one sharp climb up Callow Hill before turning for Brinkworth and descending into Little Somerford.

Zwift Racing ran until early March as team time trials and has restarted now that the season is over. The difference in numbers (power) is interesting and the performance (positions) matches the real world. What it does encourage is team work as the stronger riders come back to draft those getting left behind back to the pack.

As always my thanks to the organisers and those that turn out to support the events we run. We remain dependent on Sue Andrews and if anyone would like to learn to become a time keeper it would be most helpful. The Racing Secretary does stand in for Sue when she is away but then loses out on a race himself, which at times is helpful in providing a rest but doesn't help his aging legs as training is lost.

The weekly write up of club events has continued to be conducted through Facebook.

The trophy night was again held in the Chippenham Sports and Social Club which went well and the presentations were conducted efficiently. It was very nice to be able to award Theo Anderson his trophy haul. The 2022 prize lists and report are on the [website](#).

The club website has had a facelift for time trials and now all courses are available via [tabbed pages](#) as well as the usual document of all courses. Meeting points have been included in What3Words format and some have been changed to better suit the course start point.

For 2024 the club evening event calendar has been reviewed and is now laid out more logically, with Jack Nunn events 2 weeks in a row, interspersed with other events; the Nixon Cup 50 moved closer to the Longest Day as it had drifted away from that date. A new 5 mile Come and Try It (CATI) course has been designed after the enthusiasm shown by the Saturday riders at the Open Hill Climb.

Worthy of note were our 3 riders in the National Road Bike Time Trial Championship held on a variant of U601B – U604. David English (who raced 3 times that weekend), Simon Cox and Jo Meier (in her first ever open time trial event). Also we had a intrepid 4 Up team at the DBMax event at Thruxton with David English, James Eccleston and Mike Griffin towing Paul Winchcombe round before casting him loose on the last lap.



The Club Trophy Display



Time Trialers Enjoying the Evening

The club continues to be well represented on the West DC committee with Andy Cook as Chairman and Paul Winchcombe as the Open and Club Events Secretary, Risk Assessments Secretary and Paul also maintains the CTT West DC website. <https://west.ctt.org.uk/> . Major achievement this year have been a complete review and reapproval of all West District Risk Assessments and the production of an [FAQ](#) for time trials.

For the record our club ride numbers are as follows:

2023 - 30 riders / 121 rides

2021 – 24 riders / 143 rides (delayed season, did not start till end of March)

2020 – 31 riders / 114 rides (shortened season due to COVID)

2019 – 181 rides

2018 – 220 rides

2017 – 345 rides

2016 – 380 rides

Jack Nunn Results

This year only 4 riders completed 6 Jack Nunn events counting towards the age category competition.

Rider	Average of Best 6 Rides	
Simon Cox	00:24:31	Veteran winner
Paul Winchcombe	00:25:18	
Peter Iffland	00:25:50	
Neil Lewis	00:26:08	

Jack Nunn Points Results Table

Position	Name	Ride Points	Rides Entered	Total
1	Peter Iffland	51	7	58
2	Paul Winchcombe	50	8	58
3	Simon Cox	45	10	55
4	Neil Lewis	38	7	45
5	Martin Priestley	40	4	44
6	James Eccleston	38	5	43
7	David English	37	4	41
8	Matt Chapple	26	3	29
9	Paul Freegard	23	3	26
10	Andrew Lockwood	20	2	22
11	Lynsey Carpenter	9	1	10
12	Mark Evans	4	1	5

Although there is not a prize for fastest single ride on a Jack Nunn event for the record the best individual times are below:

Rider	Best 10 Mile Time (all 10's)
Matt Chapple	00:22:09
David English	00:23:49
James Eccleston	00:23:56
Simon Cox	00:23:59
Tom Fraser	00:24:13
Martin Priestley	00:24:40
Andrew Lockwood	00:24:40
Paul Winchcombe	00:24:46
Peter Iffland	00:25:33
Neil Lewis	00:25:55
Mark Evans	00:26:00
Lynsey Carpenter	00:26:04
Tom Laing	00:27:34
Paul Freegard	00:28:30

With the loss of the District 100 and cancellations of other 100s in the UK the participation in the BAR was hindered. Only Paul Winchcombe completed the BAR competition series by entering both the National 100 time trial and the Welsh 100, so Paul wins the BAR and Veteran BAR.

Paul Winchcombe Aged 63

Distance	2023 std	Vets speed on std mph	Age at event	Time	Plus on std	Avg speed	
	HH:MM:SS.0	(B13/C13)/24					
25	01:11:31	20.97	63	00:56:36	00:14:55.0	26.50	
50	02:26:20	20.50	63	01:59:16	00:27:04.0	25.15	
100	05:06:37	19.57	63	04:32:36	00:34:01.0	22.01	
	Avg speed	20.35		plus	01:16:00.0	24.56	BAR
							vets
					plus	4.21	BAR

For the National BBAR Short Distance

	Pos	Rider	Club	10 miles	25 miles	50 miles	100 miles	Avg Speed
☐	89	Paul Winchcombe	Chippenham & District Wheelers	00:22:34	00:56:36	1:59:16	4:32:36	25.06341 Mph

Club Trophies for 2023:

Trophy winners in 2023 were:

Time Trial Championship (Open Events) – Paul Winchcombe
 BAR – Paul Winchcombe
 V BAR – Paul Winchcombe
 Ted Barlow Cup (WTTA Hardriders) – Paul Winchcombe
 Jack Nunn Club Evening 10 Mile Champion (Handicap on points) – Peter Iffland
 Jack Nunn 1st Veteran – Simon Cox
 Sheila Edwards 10 – Matt Chapple
 Sheila Edwards 10 Handicap Medal – Simon Cox
 2 Up Time Trial Trophy – Martin Priestley and Andrew Lockwood
 2 Up Time Trial Medal – David English and Matt Chapple
 Nixon Cup 50 – Paul Winchcombe
 Mike Edwards Cup 50 (Handicap) – Paul Winchcombe
 Hinder Cup 25 – Matt Chapple
 Hinder Cup 25 Handicap Medal – David English
 Jackman Cup 100 – Paul Winchcombe
 Roberts Tankard Hill Climb – Andrew Lockwood
 Medium Gear – Paul Winchcombe
 Jack Nunn Best Improvement – Peter Iffland (13 seconds)
 Eric Fletcher Audax Shield – Sheni Jiwa 4,194 Km

AUDAX SERIES 2023

Name	Distance	Medal
Paul Freegard	875 KM	Gold
David Glass	875 KM	Gold
Tom Laing	875 KM	Gold
Dylan Spencer	875 KM	Gold
Sue Crane	800 KM	Gold
Sheni Jiwa	775 KM	Gold
Ange Dunford	750 KM	Gold
Sukie Headley	750 KM	Gold
Stewart Smith	675 KM	Silver
Grant Davis	600 KM	Silver

James Eccleston	550 KM	Silver
Rachel Clarkson	525 KM	Silver
Neil Lewis	525 KM	Silver
John Raftery	500 KM	Silver

Mike Gibbons	475 KM	Bronze
Rich Buckley	450 KM	Bronze
David English	425 KM	Bronze
Mark Otridge	400 KM	Bronze
Steve Wallis	375 KM	Bronze
Claire Brady	350 KM	Bronze
Linda Hitchcox	350 KM	Bronze
Stephen Richardson	350 KM	Bronze
Sandra Rouse	350 KM	Bronze

Not Awarded:

12 Hour

Jack Nunn 12 Hr

Gary Woodward Shield

Gerald Cup 25 (Ladies)

The Kilo

10 Mile Time Trial 1st Lady

Tandem

Open Event Reports

U601

David English ran his first Open Event this year, supported by Paul Freegard and it went very well, despite having to be run on shortened course due to roadworks. There were 32 starters out of the 38 entries. Theo Anderson placed first of the club riders in a time of 34:16, with Matt Chapple second club rider in a time of 35:09.

U41

We had a good field of entries for the first running of U41 on 13 May this year with 51 starters. Once again we had dry roads and the triathlon didn't appear to confuse the riders, although what the drivers made of the plethora of signs I don't know. 2 members of the club rode with David English turning in a 23:56 and Peter Iffland a 25:49. The first women home was Jessica Rhodes-Jones AeroCoach in a time of 22:54 (a new women's course record) and therefore the winner of the Sheila Wiseman Rose Bowl trophy.

U86/25

Event had to be cancelled due to roadworks on the course.

UH80

UH80 is a part of the WTTA Hillclimb series was held on 30 September, once again ably run by Ian Potts and Simon Cox, with support from the Church of St Anne's. The cake sales raised a good donation for the church. The event had 32 starters out of the 38 entries. 3 of the club rode with honours going to Andrew Lockwood in a time of 4:58:36. David English raced his first event of 3 that weekend and Paul Winchcombe was just pleased to be under 8 minutes again.

U41

The final running of U41 for this year followed the Hill Climb and was on 1 October. After the recent ups and downs of the weather it was very nice to be greeted by a mild morning with dry roads, although of course many of the riders commented on the return headwind. With an early start on a Sunday morning the traffic counts were as low as hoped, so in future events on U41 will probably run on Sundays to avoid the inevitable traffic build up for later starters by the Cotswold Water Park.

There were 25 starters and 8 DNS. Only David English from the club rode in his second event of the weekend coming 5th in the TT category in a time of 23:40. Paul Winchcombe picked up the running of the event and sadly was not able to race. Of interest on the day were the two trikes being ridden and as the first trikes to race the course they set men's and women's course records.

Open Time Trial Standings

According to the CTT website Chippenham Wheelers entered 94 times across the season with 13 riders. Paul Winchcombe managing to enter 30 events (an increase on last year!), Peter Iffland rode in 19 again, Andrew Lockwood attacking the hill climbs rode in 11. Spindata's anomalous system in my opinion places Matt Chapple as 4th in the club on only 3 rides!

Spindata results system provided the CTT Ranking system and once again I am still not sure how it calculates its results. Its scoring is based on position in fields rather than time and also is not concerned about across season effort. Once again it puts Theo Anderson as first in the club, so once again congratulations to him for some excellent rides. The system does not show all riders as I am

aware of some riders who have raced but since they only have one event, they have not been scored, so it is much harder to do a full analysis of our riders.

Pos		Rank	Name	Category	Score
1	>	182 ←	Theo Anderson < A13	Male Junior	583
2	>	214 ←	Lawrence Martindale < A15	Male Espoir	659
3	>	926 ↓ 2	David English < B18	Male Veteran 45-49	2627
4	>	930 ↓ 2	Matthew Chapple < B18	Male Senior	2640
5	>	1164 ←	Paul Winchcombe < C7	Male Veteran 60-64	3298
6	>	1443 ←	Peter Iffland < C15	Male Veteran 55-59	4231

Club Time Trial Records

Junior	10 Miles	Theo Anderson	19:42
60 – 65 years	15 Miles	Paul Winchcombe	34:08

WTTA Hardrider Series

The WTTA Hardriders results are at:

<http://www.wtta-hardriders.org.uk/showresults.htm?year=2022&type=Results&event=Results&competition=wttahardriders>

This year's Hardrider series had a full calendar of events, even with 3 events being cancelled. Only Paul Winchcombe completed 6 or more events, so once again won the Ted Barlow cup.

Position	First Name	Surname	Category	Points	Severn	Chippenham	Bath	Swindon	Gillingham	Bristol South	Dursley	Gloucester	Westbury	Bath2	Chippenham2	Swindon2	Bristol South2	Gloucester2	Bristol South3
9	Paul	Winchcombe	V6	662	104	106	106		112	109		116	109			108	101	108	
24	Matthew	Chapple	Senior	325		114		96					115						
61	Theo	Anderson	Junior	117		117													
61	Lawrence	Martindale	Senior	117			117												
66	Andrew	Lockwood	Senior	116															116
70	David	English	v4	115								115							
135	Simon	Cox	V4	85															85

The club did make it into the top 10

Club	Points	Counting Rides (max 18)
Pronto Bikes	2071	18
Gloucester City Cycling Club	2050	18
Bristol South Cycling Club	2023	18
Swindon Wheelers	1966	18
Bath Cycling Club	1911	18
FTP (Fulfil The Potential) Race Team	1782	17
Chippenham & District Wheelers	1537	14
360VRT	1234	11
Swindon Road Club	871	9
Cheltenham & County Cycling Club	802	7

Club Time Trial Championship (Open Time Trial Series) Results

The Club Time Trial Championship based on points from placings in Open Events was run throughout the season and the results table is below. The individual results for those who qualified by riding one of each event type were:

1st Paul Winchcombe 5 pts

			Anderson	Winchcombe	Chapple	Cox	Iffland	English	Carpenter
26-Feb	U601b	HR	1	3	2				
26-Mar	U17/25	25		1					
01-Apr	U375	10	1	2					
07-May	U33	HR		2	1				
21-May	U370	25							
28-May	U46C	25				1	2		
17-Jun	U102	10				1			
28-Jun	UC864	50							
23-Jul	U86/50	50		1					
30-Jul	U47R	10		1			2		
06-Aug	U109/50	50		1				DNS	DNS
10-Sep	U72/25	HR		1					
Total			DNQ	4	DNQ	DNQ	DNQ	DNQ	DNQ

